

Here's The Scoop

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ON HOPE RECOVERY COMMUNITY

The Medina County Mental Health & Recovery Board (MHRB) works to meet local needs by contracting for community-based services with qualified providers.

Hope Recovery Community (HRC)

HRC is a nonprofit Recovery Community Organization (RCO) based in Medina, Ohio that has become a model across the state. As an RCO, HRC is dedicated to supporting individuals and families impacted by addiction by providing



nonclinical, peer-based recovery support services, advocacy, and community education. Their vision is to create a thriving, healing community where the power of recovery transforms

individuals, families, and neighborhoods. Their mission is to increase sustained recovery by providing hope, support, housing, advocacy, and resources to those impacted by addiction. HRC is committed to serving a broad range of individuals, including those with substance use disorders, their loved ones, those who have lost loved ones to addiction, youth, community al-

lies, and the public. Their core principles include recovery vision, authenticity of voice, and accountability to the recovery community. HRC aims to ensure that individuals in recovery have access to comprehensive, long-term support that helps them reintegrate into society, rebuild their lives, and thrive beyond recovery.



The Creation of HRC: The timeline of Hope Recovery Community's creation began in 2018 when the MHRB supported the expansion of peer recovery support services through OhioGuidestone. The Peer Support Coordinator, Ms. Robinson, along with support from the recovery community initiated a 501(c)3 by the name of Hope Recovery Community (HRC). HRC was created to provide peer support and

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recovery support services county-wide. In 2019 and 2022, the MHRB received state capital grants. First to purchase and renovate, and then to expand a home on Highland Drive in the City of Medina that became a county-wide peer recovery support network and hub; the home of HRC. HRC opened its doors in October 2019 and has established itself as a leader in multiple recovery pathways in Ohio. The MHRB has provided annual funding for HRC, as well as the physical site and upkeep of their Medina location. In 2023, Cathy's House merged with Hope Recovery Community so that recovery housing now falls under HRC's umbrella. The merger represented an alignment of goals, the ability to streamline operations, eliminate duplication, and optimize their impact. In 2023, they also created their one-of-a-kind recovery farm, offering recovery supports and programming, including housing, workforce, and combatting food insecurities. In 2025, Hope Recovery Community widened its services to provide youth with substance use disorder (SUD) programming and peer support. In May 2025, a harm reduction vending machine was placed at HRC, which includes free items such as Narcan, Fentanyl Test Strips, and personal hygiene items. So far, 1311 items have been distributed. In 2026 HRC is targeting programming for diverse populations including women, LGBTQ+, people of color, veterans, and those in underserved areas.

About Hope Recovery Community: HRC's central components include their recovery housing program and their wide range of peer-based recovery support services and activities.

HRC offers Ohio Recovery Housing (ORH) certified recovery housing for men and women in Medina County. Their recovery homes provide safe, supportive, and structured environments where individuals can begin or continue their journey to recovery. Currently, HRC serves 40 men across four certified recovery houses: Cathy's House (Level II), Recovery Farm (Level II), Graham's House (Level I), and Brunswick (Level I). Additionally, they have recently expanded their housing offerings with a new women's Level 1 house, and there are plans for further growth.

HRC's peer support services are available through walk-ins, virtual options, phone support, and specialized programs such as peer support in jails, hospitals, and crisis situations. Each year, HRC works with over 700 individuals with treatment or recovery housing, and assists with connecting individuals to community resources through their 24/7 Hope Link peer line at 330-952-3559. Additional programming is designed to support individuals in recovery at every stage of their journey:

- ◆ **Workforce Development:** HRC helps individuals gain job readiness, life skills, and

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employment opportunities, ensuring they are prepared to rebuild their lives and support themselves and their families.

- ◆ **Recovery Support Meetings/Groups:** At HRC, they are deeply committed to supporting individuals on their recovery journey by offering a diverse range of recovery support meetings and groups. Understanding that each person’s path to recovery is unique, they embrace multiple pathways to recovery. Peer-based support meetings are designed to foster an inclusive and supportive environment where individuals can find connection, guidance, and strength in their recovery journey. Whether it’s through 12-step programs, All Recovery, Smart Recovery, Faith-Based support, or LGBTQ+ meetings, they ensure that there is a meeting for everyone.
- ◆ **Community Engagement:** HRC offers prosocial activities such as fishing, gardening, bowling, game nights, dinners, holiday events, and trips to foster healthy social interactions and build supportive networks.
- ◆ **Recovery-Oriented Workshops:** HRC hosts workshops and classes covering topics such as life skills, parenting, wellness, and financial management through their Recovery Life Institute.
- ◆ **Wellness Programming:** They offer 12-step yoga, meditation, sound therapy, fitness

groups, Reiki, and other wellness activities that promote mental and physical health.

- ◆ **Creative Programming:** Activities like art, music, and creative workshops offer therapeutic outlets for self-expression.
- ◆ **Family and Youth Support:** HRC offers peer support and recovery programs tailored for families and youth impacted by addiction, including family support groups, grief programs, and youth programming.
- ◆ **Educational Programming:** HRC provides a wide range of educational opportunities to enhance life skills and support continued growth in recovery, including legal support, goal-setting, and personal development.
- ◆ **Basic needs:** HRC recognizes that addressing basic needs is a fundamental part of supporting individuals in recovery, and that without stable access to food, toiletries, transportation, and other essentials, individuals may struggle to maintain their focus on recovery. To help meet these needs, HRC offers a variety of services and resources such as a Basic Needs Store, Produce Pantry, and a harm reduction vending machine.
- ◆ HRC has a strong focus on public advocacy and policy advocacy at the local, state, and national levels to influence legislation and raise awareness about addiction and recovery.

HRC is open seven days per week, 365 days per year to include all holidays. They currently have 23 staff members, and 30 volunteers, many of which are in long term recovery. They serve an average of 69 people per day. HRC has supported peer support trainings that have led to over 70 people becoming certified peer supporters.

Statistics: Research shows that after five years of continuous sobriety, an individual has an 85% likelihood of remaining clean and sober, making recovery supports and recovery housing a very important tool in the journey of recovery.

In Conclusion: The MHRB and Hope Recovery Community have a strong and collaborative partnership that has become an integral part of Medina County’s array of recovery support services.

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If you or someone you know is in crisis or needs behavioral health assistance, the Medina County Mental Health & Recovery Board wants to remind individuals they can contact:

**Medina County's 24/7 Crisis & Behavioral Health Helpline at
330-725-9195 or call 988**

Additionally, if you are seeking recovery support, please call the 24/7 Hope Link peer line at **330-952-3559**



Medina County

MHRB

Mental Health & Recovery Board

The Medina County Mental Health & Recovery Board's mission is to decrease stigma and provide hope for a better life by assuring the availability of high-quality services in the areas of mental health, substance use, and recovery support to all Medina County residents through planning, purchasing cost effective services to the extent resources are available, coordinating, and evaluating these services.