

FY2025 ANNUAL REPORT

Medina County



Mental Health & Recovery Board



office@medinamhrb.org

246 Northland Drive, Suite 100
Medina, Ohio 44256

(330) 723-9642

WWW.MEDINAMENTALHEALTH.COM

MISSION

The Medina County Mental Health & Recovery Board's mission is to decrease stigma and provide hope for a better life by assuring the availability of high-quality services in the areas of mental health, substance use, and recovery support to all Medina County residents through planning, purchasing cost effective services to the extent resources are available, coordinating, and evaluating these services.



OUR NAME HAS CHANGED!

In FY2025, the Medina County Alcohol, Drug Addiction & Mental Health (ADAMH) Board became the Medina County Mental Health & Recovery Board (MHRB). The reason behind the name change was to align our mission of reducing stigma with the inclusion of recovery friendly language. Over the past several years, there has been a shift from an 'addiction' focus to a 'recovery' focus. At the MHRB, we realize that substance use disorders are a disease, just as real as any physical health disease, and that with proper support and treatment, people successfully recover and lead healthy and productive lives. We think you'll agree that our new logo has an updated look and aligns more closely with our mission.

OUR ROLE

The Medina County Mental Health & Recovery Board's Board of Directors is a public body comprised of up to 14 Medina County citizens appointed by the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and the County Commissioners to serve voluntarily. The MHRB identifies needs and funds services to the extent resources are available, monitors, and evaluates mental health and substance use disorder services. The MHRB contracts with certified non-profit providers to offer treatment, prevention, education, and recovery support.

MEDINA COUNTY HUMAN SERVICES LEVY



On November 3, 2019, Medina County citizens passed the first-ever human services levy, and on November 7, 2023, we are grateful that residents voted to renew the levy. This human services levy provides approximately \$5 million annually to support the Medina County Mental Health & Recovery Board, Medina County Job and Family Services, and the Medina County Senior & Adult Services to provide needed services in Medina County. The three agencies regularly collaborate, thereby ensuring mutual accountability and maximizing levy dollars. The MHRB is utilizing levy funding for crisis and prevention services, recovery support programming, supportive housing, and other needed services and support. The MHRB is thankful to all who supported the levy.

MHRB FUNDED ORGANIZATIONS

Alternative Paths, Inc. and OhioGuidestone were the largest community-based mental health and substance use disorders agencies funded by the MHRB in FY2025. Their mix of services provided Medina County residents with a choice of providers that offered local mental health, substance use and recovery support services, as well as access to a full continuum of care through partnerships with neighboring counties. Catholic Charities also received MHRB funding to provide senior case management services to individuals aged 60 and over, as well as mental health and substance use counseling for all ages. During FY2025, the MHRB continued to provide funding to Hope Recovery Community (HRC) to provide a continuum of peer and recovery support services with brick-and-mortar locations in the cities of Medina, Brunswick, and Wadsworth. Additionally, the MHRB funded the Discovery Recovery House, a MHRB owned, certified 12-bed, Level 3 recovery house for women, and supported Hope Recovery Community as our certified recovery housing partner. Additionally, the MHRB built and funds the Youth Resiliency and Counseling Center (YRCC), a 6,000 square foot state-of-the-art space designed for counseling that features creative rooms such as a sand room, art room, movement room, playroom, and calming room, meant to engage youth in more ways than traditional talk therapy. The Medina County MHRB also funded numerous other initiatives in Medina County, which range from early childhood mental health services, mental health support at The Children's Center of Medina County, supportive housing, crisis services for all ages, and school prevention, all the way through assessment and treatment of those involved in the legal system and local jail (forensic services) and programming for senior citizens, to ensure a comprehensive array of services for residents.

CAMPUS OF SERVICES

The MHRB is in the Human Services Building, where Alternative Paths and OhioGuidestone are also located and provide outpatient and community-based mental health and substance use disorder services such as diagnostic assessment, group and individual counseling, Medication-Assisted Treatment (MAT) and crisis services. Also located in the building is the Medina County Senior & Adult Services, and across the parking lot are Medina County Job and Family Services, Community Action Wayne/Medina, and the Veteran's Administration. Within a short walking distance is Hope Recovery Community, the Discovery Recovery House for women, Cathy's House recovery house for men, supportive housing units, the Youth Resiliency & Counseling Center, Medina Metropolitan Housing Authority's new emergency shelter Next Step Up, and many businesses with employment opportunities. This campus setting allows access to treatment and recovery support while reducing barriers such as transportation.

PAYMENT FOR SERVICES

The charge for services at a MHRB contracted provider is contingent upon how much an individual or family can afford to pay, based on family income through a sliding fee scale. Payment arrangements are established with the agency when services begin. Payment is accepted from private insurance, Medicaid, Medicare, and other sources first. The Medina County MHRB utilizes public funds to share in the cost of services when clients, who are Medina County residents, are unable to afford full payment. The MHRB is always the payer of last resort. Individuals are offered the opportunity to enroll in the Board's Ability to Pay Fee Schedule to ensure that behavioral health services offered locally are available to them. No one is turned away because of the inability to pay.



MHRB FUNDED ORGANIZATIONS AND PROGRAMS



www.alternativepaths.org

Medina Office: 246 Northland Drive, Medina, Ohio 44256

Brunswick Office: 3511 Center Rd, Brunswick, Ohio 44212

Lodi Office: 225 Elyria Street, Lodi, Ohio 44254

Wadsworth Office: 1 Park Center, Wadsworth, Ohio 44281

Alternative Paths, Inc. (AP) is a not-for-profit provider of community-based mental health and substance use disorder services. Its main campus is in Medina, and they have satellite offices in Brunswick, Lodi and Wadsworth. Alternative Paths is comprised of a multi-disciplinary team consisting of psychiatrists, psychologists, nurses, counselors, social workers, case managers, prevention staff, and community supportive psychiatric treatment professionals who work collaboratively to develop a plan of care appropriate to the needs of each client.

Alternative Paths is the County's agency for providing crisis services to residents through their 24/7 Crisis & Behavioral Health Helpline. The agency has traditionally specialized in treatment for adults and youth experiencing Serious Mental Illness (SMI), including schizophrenia, bipolar disorder, major depression, and other psychotic and personality disorders. Alternative Paths also provides mental health and substance use services to individuals incarcerated in the Medina County Jail and Juvenile Detention Center. Alternative Paths has a full range of services for substance use disorders, which includes individual and group counseling, and a Medication-Assisted Treatment program. They expanded treatment for youth with Serious Emotional Disturbances (SED) and child psychiatry services and became the gatekeepers for inpatient treatment for multi-system, high-risk youth through Family First Council's Service Coordination and the local ICAT program. In FY2025, with MHRB assistance, AP added

a position to their forensic team to assist with the increase in forensic cases being referred for competency, an increase in the number of individuals involved with court specialized docket programming, and a doubling of the number of forensic cases that require tracking. Overall, in FY2025 Alternative Paths served 5,945 unique, unduplicated clients, and received 3,953 adult and 349 youth crisis calls.



Alternative Paths received 3,953 adult and 349 youth crisis calls in FY2025



Alternative Paths served 5,945 unique, unduplicated clients in FY2025

MHRB FUNDED ORGANIZATIONS AND PROGRAMS



OhioGuidestone

WHERE NEW PATHS BEGIN

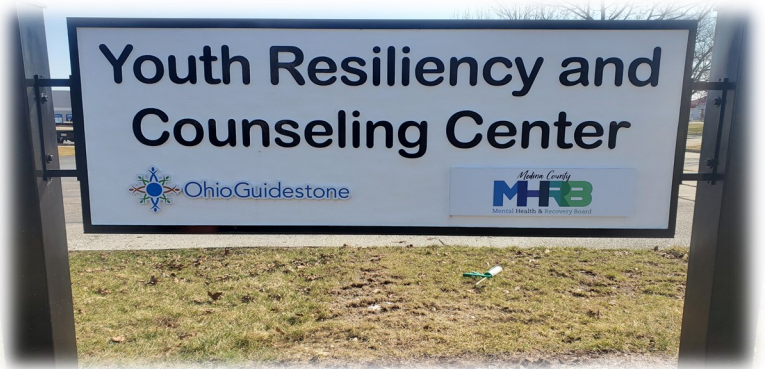
246 Northland Drive, Medina, Ohio 44256

(440) 260-8300

www.ohioguidestone.org

OhioGuidestone (OGS) is a full service, not-for-profit, comprehensive, community-based outpatient organization that provides mental health and substance use disorder services. OhioGuidestone provides mental health and substance use services for children, adolescents, and adults of all ages. The professional staff at OhioGuidestone is comprised of psychiatrists, psychologists, social workers, counselors, case managers, peer supporters, prevention staff, and community supportive psychiatric treatment professionals who are there to help those seeking assistance in dealing with individual or familial concerns related to mental health, psychiatric, relational, or substance use problems. In FY2025, OhioGuidestone served 1,700 individuals with mental health and substance use needs. With MHRB support, OhioGuidestone has implemented a robust peer support network of services, which has been built up over the last six years and has become a thriving program, serving 301 individuals in FY2025. Additionally, during FY2025, the OhioGuidestone Medication Assisted Treatment (MAT) open access walk-in clinic served 331 unduplicated individuals. OhioGuidestone oversees the MHRB's 12-bed women's Discovery Recovery House (DRH), and they offer clinical services for the women residing there. In FY2025, 22 women were served at the DRH. Additionally, in FY2025, OhioGuidestone continued to ramp up services and programming at the MHRB's Youth Resiliency & Counseling Center (YRCC). New programming during FY2025 included a Mental Health Peer Support pilot program, and a sexting treatment program for youth, as well as home consultation for preschool youth. OhioGuidestone services are offered in an office setting, in the community, or in a client's home, thereby reaching people in outlying communities and reducing barriers to treatment and services.

OGS served 1,700 individuals with mental health and substance use needs in FY2025



In FY2025 the OGS MAT walk in clinic served 331 unduplicated individuals



MHRB FUNDED ORGANIZATIONS AND PROGRAMS



200 Highland Dr, Medina, Ohio, 44256
(330) 952-0109

www.hoperecoverycommunity.org

The timeline of Hope Recovery Community's creation began in 2018 when the MHRB supported the hiring of a Peer Recovery Coordinator and the expansion of peer recovery support services through OhioGuidestone. The Peer Support Coordinator, along with support from the recovery community initiated a 501(c)3 by the name of Hope Recovery Community (HRC). HRC was created to provide peer support and recovery support services county-wide. The MHRB sought and received two state capital grants to purchase, renovate, and expand a home on Highland Drive in the City of Medina that became a county-wide peer recovery support network and hub. This house is the home of Hope Recovery Community who operates as a Recovery



Community Organization (RCO). HRC opened its doors in October 2019 and have established themselves as a leader in multiple recovery pathways in Ohio. The MHRB has provided annual operational funding for HRC, as well as the physical site for their Medina location. In April 2022, the MHRB provided support for HRC to expand into Brunswick, making them the first RCO in Ohio to have a second location in the same county, and in FY2023, they grew into Wadsworth. In FY2024, Hope Recovery Community widened its services to provide youth with programming and peer support and in FY2025 HRC targeted programming for diverse populations, as well as women and youth. In May, a harm reduction vending machine was placed at

HRC, which includes items such as Narcan, Fentanyl Test Strips, and personal hygiene items. From May-July, individuals utilized 11 resource packets, 94 general hygiene kits, 49 feminine hygiene kits, 49 first aid kits, 30 Fentanyl test strips, 34 Naloxone kits, 93 safer sex kits, and seven Covid test kits, for a grand total of 385 items dispensed. Their 24/7 Hope Link peer line continues to be a successful endeavor, and they served 831 individuals in FY2025. Additionally, during the year, HRC expanded the Recovery Farm project and donated over 6,500 pounds of produce to the community. HRC is highly regarded in Medina County and also forms strong partnerships throughout the county and state.

IN FY2025, HRC's 24/7 Hope Link served 831 individuals

As a leader in recovery housing, Hope Recovery Community empowers individuals to live a life without the use of alcohol and other drugs. Its mission is to serve the community by providing certified recovery housing for individuals seeking an affordable, high-quality environment to learn the skills necessary to live a lifestyle of recovery. Hope Recovery Community offers a safe, structured, all-encompassing approach to provide residents with the tools they need to succeed and live a healthy lifestyle. HRC is certified by Ohio Recovery Housing (ORH), which means they adhere to the highest standards and meet the national standards set forth by the National Alliance of Recovery Residences (NARR). The MHRB provided additional funding for capital improvements for HRC to expand capacity to their initial Medina location which opened in 1998 and is a Level 2 home that serves 17 men. The MHRB provided funding towards a six-bed Level 1 home for men, also in Medina. In addition, Hope Recovery Community added a Level 1 women's condo to start accepting residents. The MHRB provided support as Hope Recovery Community expanded into the City of Brunswick with a Level 1 home for five men, and as they opened the 12-bed Level 2 Farm recovery house at the Brown-Trump Homestead property in Medina. Hope Recovery Community has the capacity to house 40 men at one time, and they had a 99% Level 1 and a 96% Level 2 occupancy rate in FY2025. The average length of stay for a male resident living in HRC's recovery housing is 503 days, with a 100% success rate for Level 1 and a 96% success rate for Level 2 discharges in FY2025.

OTHER MEDINA COUNTY MHRB FUNDED SERVICES & PROGRAMS

To the extent resources are available, the Medina County MHRB purchases a wide array of services to ensure that the behavioral health needs of Medina County residents are met. Additional MHRB investments are as follows:



Catholic Charities
DIOCESE OF CLEVELAND

Medina County

Catholic Charities partners with the MHRB to provide senior case management services to adults aged 60 and over, as well as mental health and substance use disorder counseling for all ages. In FY2025, Catholic Charities continued to be an excellent and collaborative partner within the MHRB's system of care.



Grants and Opiate Initiatives

Addiction Treatment Program (ATP) Grant	Funding for treatment and ancillary services for Specialized Docket Drug Court participants engaged with Medina Common Pleas Drug Courts, Juvenile Drug Court, and the Medina Municipal Valor (Veterans) Court.
Criminal Justice and Behavioral Health (CJBH) Linkage Grant	Funding to Alternative Paths for community linkage services for individuals incarcerated at the Medina County Jail and Juvenile Detention Center. Assists with linking individuals to community treatment, medication and psychiatric services to prevent reincarceration.
Community Transition Program (CTP)	Funding to OhioGuidestone to provide community linkage for offenders with severe mental health and/or substance use issues being released from prison.
Jail Psychotropic Medication Assistance	Assist with securing reimbursement for the cost of psychotropic drugs dispensed in the Medina County Jail.
Medina County Health Department	Narcan kits available to the public through the Health Department's Project DAWN Clinic.
Medina County Opiate Task Force	Created an Opiate Task Force in partnership with the Medina County Health Department.
Medina County Opiate Response Team	Funding to Alternative Paths for the Medina County Opiate Response Team, which was formed in partnership with the Medina County Sheriff's Department.
State Opioid Response Funding (SOR)	Funding to Alternative Paths, Cathy's House, Hope Recovery Community, and OhioGuidestone for numerous opiate initiatives.
Specialized Dockets Funding	Pass through funding for the operation of the certified Adult Drug Courts, Mental Health Court, Valor (Veteran's) Court, and Juvenile Drug Court.

Housing

Hope Recovery Community Recovery Housing (certified)	MHRB support for: Medina Level 2 recovery housing for up to 17 men; Medina Level 2 Farm house for up to 12 men; Medina Level 1 recovery housing for up to six men; Brunswick Level 1 recovery housing for up to five men; and Level 1 recovery housing for three women.
Discovery Recovery House (certified)	A 12-bed, Level 3 certified women's recovery house owned by the MHRB and operated by OhioGuidestone. OhioGuidestone offers treatment, peer and recovery support services for residents.
Manhattan and Jefferson Apartments	Supportive housing units owned by Medina Metropolitan Housing Authority and reserved by the Medina County MHRB with programming through Alternative Paths.
Medina Metropolitan Housing Authority (MMHA)	Funding to MMHA to manage MHRB properties, including housing for those with serious mental health issues; to provide HUD/Housing consultation services; and to support a homelessness case manager.
Northland Place I and II	Permanent supportive housing units owned by the Medina MHRB with programming through Alternative Paths.
Washington Apartments	Permanent supportive housing units owned by the Medina MHRB with programming through Alternative Paths.

OTHER MEDINA COUNTY MHRB FUNDED SERVICES & PROGRAMS

Seniors

Medina County Senior & Adult Services	Funding for senior prevention services in Brunswick, Medina, Wadsworth, and Lodi.
Catholic Charities Community Services Medina County	Home-based case management and counseling services for seniors.

Youth and School Initiatives

Infant and Early Childhood Mental Health Services	Funding to OhioGuidestone to provide Infant and Early Childhood Mental Health services to Medina County preschools through the Whole Child Matters grant.
The Children's Center of Medina County	Funding for crisis intervention and mental health services.
Hope Squad	Seed funding to Medina City Schools, Buckeye and Cloverleaf Schools for this peer led suicide prevention program.
Medina County Juvenile Drug Court Program	Funding to Alternative Paths to support the substance use and mental health treatment of teens involved with Medina County Juvenile Drug Court.
OhioSTART (Sobriety, Treatment and Reducing Trauma)	An intervention program that provides intensive trauma counseling to children who have suffered victimization due to substance use by a parent, as well as peer support to families with the overall goal of stabilizing families so that children and parents can recover and lead abuse and addiction-free lives.
Prevention Services	Funding through contracted agencies to provide school and community-wide prevention services.
SHARE (Student Health, Advocacy, Resources and Empowerment) Coalition	Funding for leadership events, such as Red Ribbon Week, Middle School Leadership, and educational workshops.
Student Drug Testing Kits	Medina City Schools and Wadsworth City Schools.
Youth Service Coordination	Assistance with services for high-risk, multi-system youth with serious mental health issues who have been unsuccessful in traditional forms of local treatment.

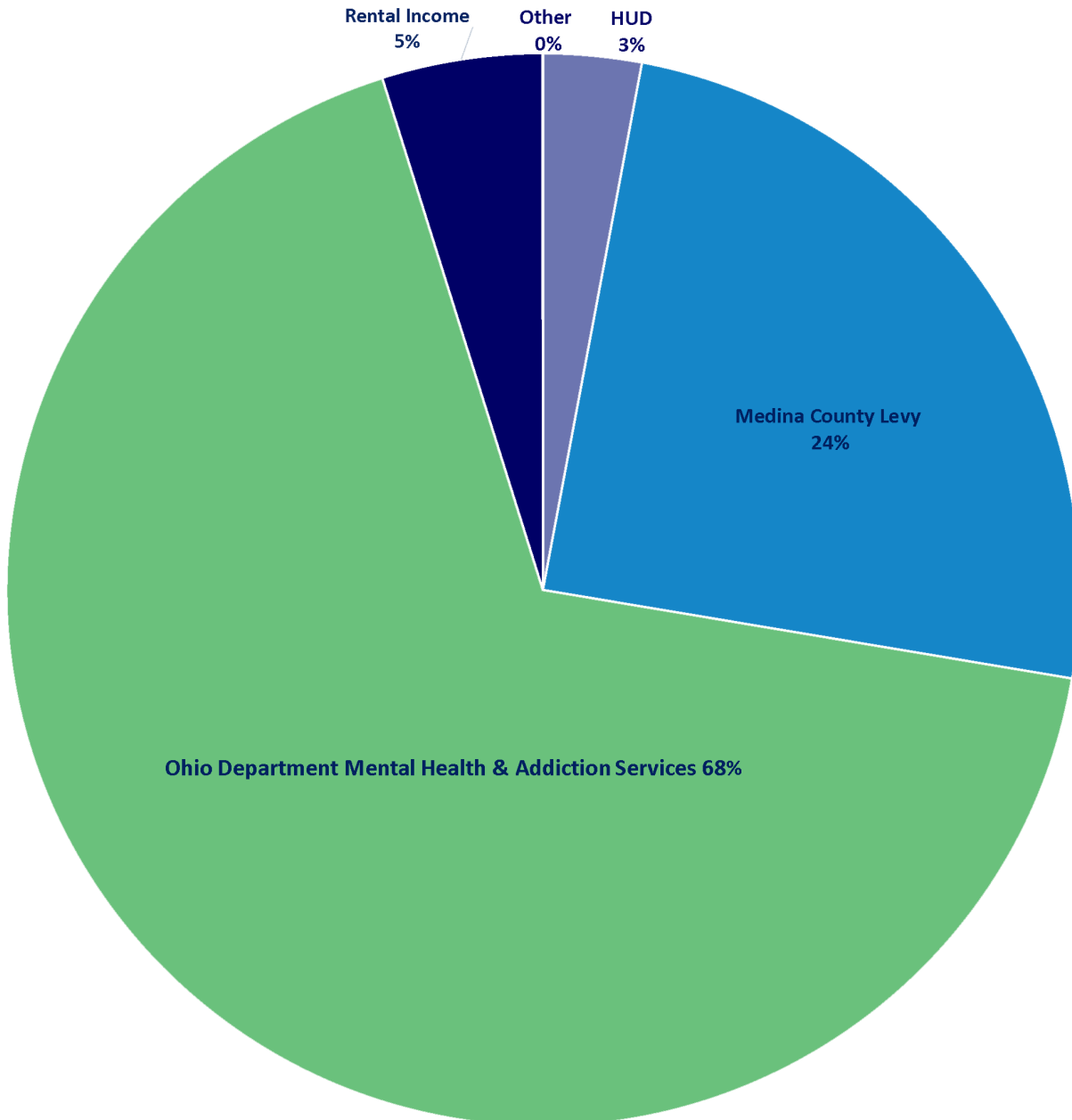
Community

Crisis Services Continuum	A diverse array of crisis services through Alternative Paths.
Highland House (Home of HRC)	The MHRB owns the Highland House, which is the home of Hope Recovery Community (HRC).
Hope Recovery Community (HRC)	The MHRB provides operational and programmatic support to this Recovery Community Organization (RCO) that provides a wide array of peer recovery services and supports.
Medina County Adult Interdisciplinary Team (I-TEAM)	Collaboration involving a team of professionals that assist with planning or coordinating services for vulnerable adults who are abused, neglected, or exploited.
Medina County Jail Services	Linkage of offenders into the community upon release. Funding to Alternative Paths to provide clinical services within the jail. Funding for treatment driven drug testing at the jail. Assistance with funding reimbursement from OhioMHAS for psychotropic medications dispensed at the jail.
Medina County Common Pleas Mental Health Court	Funding to Alternative Paths for forensic monitoring and case management services to Specialized Docket Mental Health Court. Mental Health Court (MHCP) funding passed through by the MHRB.
Mental Health First Aid	Funding available to the Medina County Health Department to provide Mental Health First Aid training to community members.
National Alliance on Mental Illness (NAMI)	Funding provided to Alternative Paths to participate in education, support and advocacy for those living with serious mental illness and their families.
Recovery Support Systems Ad Hoc Committee	Formed by the MHRB to identify and evaluate current recovery support systems in Medina County and make recommendations for ways to increase access and potentially expand and sustain those services.
Stepping Up Initiative	In FY2024, the Medina County MHRB became a Stepping Up County. Stepping Up is a national initiative targeted at reducing the number of people with mental illnesses in jail.
State Recovery Conference	Funding registrations for local providers and individuals in recovery.
Suicide Prevention Coalition	Funding for committee operations, sponsorship of the annual suicide prevention walk, development and implementation of a LOSS Team (Local Outreach to Suicide Survivor) in Medina County.
Youth Resiliency & Counseling Center (YRCC)	MHRB's collaboration with OhioGuidestone to provide treatment in a state of the art trauma-centered environment for youth and family. Construction was completed with the assistance of a state capital grant.

FISCAL YEAR 2025 REPORT

REVENUES

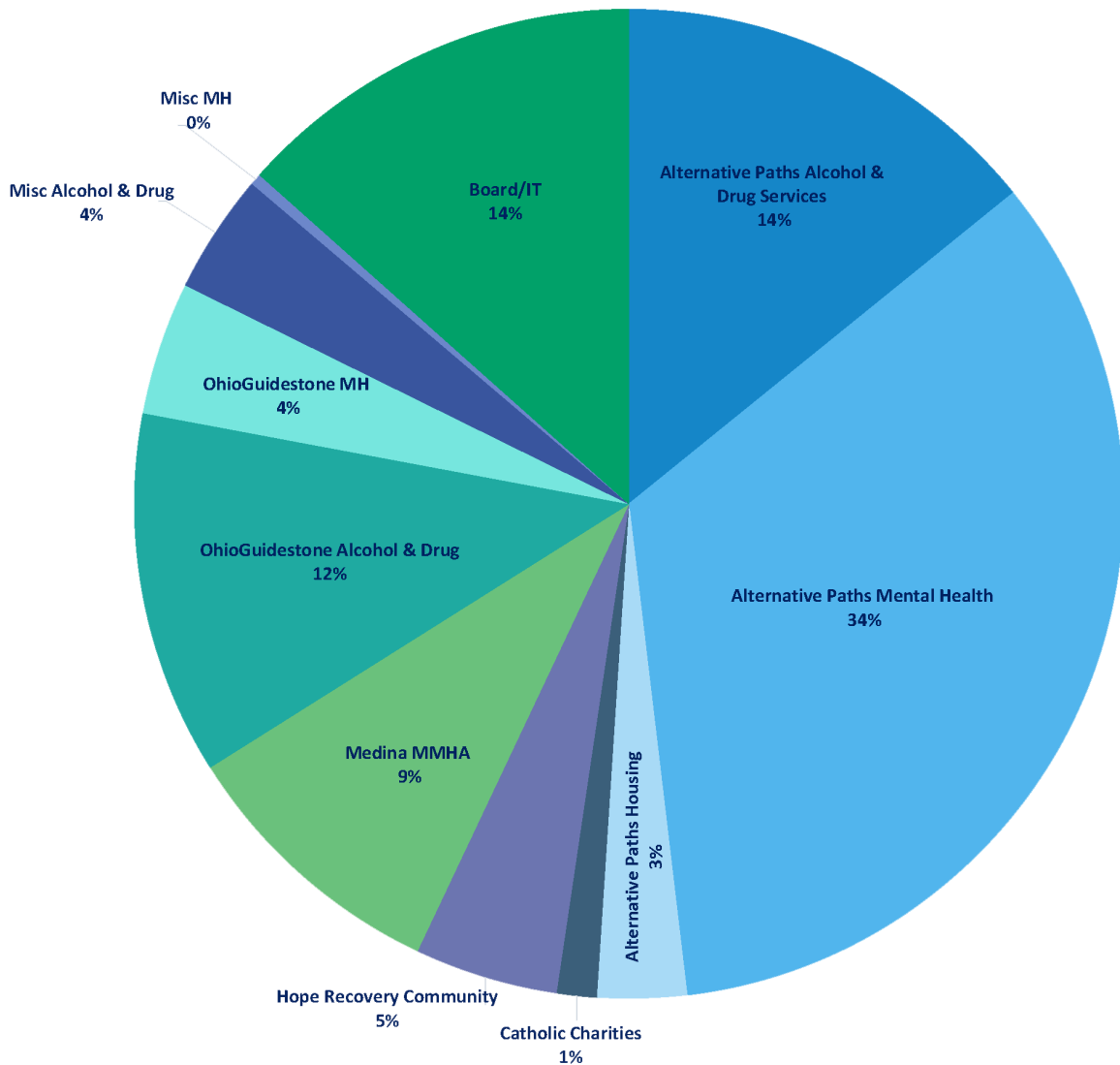
	AMOUNT	PERCENT
Housing and Urban Development (HUD)	\$205,235	3.0%
Medina County Human Services Levy	\$1,713,746	24.7%
Ohio Department of Mental Health & Addiction Services	\$4,687,530	67.5%
Rental Income	\$334,618	4.8%
Other	\$1,500	0.0%
TOTAL	\$6,942,628	100%



FISCAL YEAR 2025 REPORT

EXPENDITURES

	AMOUNT	PERCENT
Alternative Paths, Inc. Alcohol & Drug Services	\$894,080	14.1%
Alternative Paths, Inc. Mental Health Services	\$2,143,285	33.7%
Alternative Paths, Inc. Housing Services	\$184,360	2.9%
Catholic Charities Community Services	\$82,370	1.3%
Hope Recovery Community	\$310,723	4.9%
Medina Metropolitan Housing Authority (MMHA)	\$570,154	8.9%
OhioGuidestone Alcohol & Drug Services	\$750,258	11.8%
OhioGuidestone Mental Health Services	\$274,045	4.3%
Misc. Alcohol & Drug Providers / Consultants	\$247,438	3.9%
Misc. Mental Health Providers / Consultants	\$23,203	0.4%
MHRB Operating & IT Budgets	\$846,950	13.3%
Capital Projects	\$29,956	0.5%
TOTAL	\$6,356,820	100%



**Please note that encumbered funds are not reflected in the expenditures*

For more information, please contact:
Medina County Mental Health & Recovery Board
 246 Northland Drive, Medina, OH 44256
 (330) 723-9642
 office@medinamhrb.org
 www.medinamentalhealth.com
 Office Hours: 8 a.m. - 4:30 p.m. Monday - Friday



FISCAL YEAR 2025 MHRB BOARD MEMBERS

Lou DeLoss, *Board Chairperson*

Cheryl Parzych, *Vice Chairperson*

Melinda Rucinski, *Finance & Planning
Chairperson*

Michele Sherrin, *Secretary / Treasurer*

Beth Beal

Terry Grice

Melanie Kasten-Krause

Susan Myers

Dave Oas

Kent Patterson

Melissa Pearce

Kristine Quallich

Stuart Root

Jim Shields

FISCAL YEAR 2025 STAFF

Phillip Titterington, *Executive Director*

Tiffany Shelton-Kinney, *Associate Director*

Kristen Hoffert-Leja, *Finance Director*

Kelley Domokos, *Community Relations Director*

Barbara Moxey, *Administrative Office Manager
(Retired)*

Anna Gibson, *Administrative Office Manager*



REAL
HELP
FOR REAL
NEEDS

MEDINA COUNTY HUMAN SERVICES



We address three
GROWING CRITICAL NEEDS
so no one gets sent away!