

Today's weather



HIGH: 52
LOW: 44

Sunrise: 6:03
Sunset: 8:45

THE GAZETTE

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For home delivery,
call (330) 725-4166

THURSDAY, May 22, 2025

\$2.50

Board recognizes Mental Health Awareness Month

May is Mental Health Awareness Month, a time to raise awareness and educate about mental health and its impact on people's overall well-being.

The Medina County Mental Health and Recovery Board, formerly the Medina County Alcohol, Drug Addiction and Mental Health Board, wants to increase awareness of the resources available throughout Medina County.

"We want to remind individuals that life-changing help is available for mental health and substance use in a variety of ways from our dedicated MHRB partner agencies," Executive Director Phillip Tit-

terington said.

Services include crisis management, counseling, psychiatry, pharmacological services, recovery support and more, which are accessible through:

- Alternative Paths, (330) 725-9195
- Catholic Charities, (330) 723-9615
- Hope Recovery Community's 24-hour Hope Link Peer Line, (330) 952-3559.
- OhioGuidestone, (440) 260-2945

To learn more about the services offered and additional local resource information, visit www.medinamental-health.com.