

Here's The Scoop

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ON OHIOGUIDESTONE

The Medina County Mental Health & Recovery Board (MHRB) works to meet local needs by contracting for community-based services with qualified providers.

The Medina County MHRB enters into contracts with licensed and accredited community behavioral health providers for the provision of substance use and mental health prevention and treatment services, along with recovery support. Within this contracting obligation, the



MHRB is charged with considering cost-effectiveness and the quality of services and support being provided. The MHRB also considers continuity of care for clients when contracting with providers. Through this contracting process the MHRB remains accountable to the public and ensures that federal, state, and local funds are effectively utilized to provide access to critical mental health and substance use disorder services.

The MHRB is charged with ensuring a community-based continuum of care for mental health and substance use services that include prevention, intervention, crisis, treatment, recovery services, and support for the citizens of Medina County, as outlined in the Ohio Revised Code (ORC) 340.032. The MHRB does not deliver direct services, it contracts with a network of providers to deliver these services across the continuum of care. It is the responsibility of the MHRB to ensure the complete continuum of care is available as each provider may not deliver every service.



OhioGuidestone

WHERE NEW PATHS BEGIN

Our provider, OhioGuidestone (OGS) is the focus in this edition of The Scoop.

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OhioGuidestone, established in 1864, is a full service not-for-profit provider and leader in community-based outpatient behavioral healthcare. It is one of the state's largest human services and community solution organizations for children and families. OhioGuidestone focuses on the needs of the entire person, empowering them to take steps towards a healthier future. In 2016, the Medina County MHRB began contracting with OhioGuidestone to provide an array of services throughout Medina County.

OhioGuidestone provides mental health and substance use services for children, adolescents, and adults of all ages. The professional staff at OhioGuidestone is comprised of psychiatrists, psychologists, social workers, counselors, case managers, peer supporters, prevention staff, and community supportive psychiatric treatment professionals who are there to help those seeking assistance in dealing with individual or familial concerns related to mental health, psychiatric, relational, or substance use problems.

In Fiscal Year (FY) 2024, OhioGuidestone served 1,244 individuals with mental health and substance use needs in Medina County. With the Mental Health & Recovery Board's support, OhioGuidestone has implemented a robust peer support network of services, which has been built up over the last six years and

has become a thriving program. In FY2024, the OhioGuidestone Medication Assisted Treatment (MAT) open access walk-in clinic served 144 unduplicated individuals. OhioGuidestone oversees the MHRB's 12-bed women's Discovery Recovery House (DRH), and they offer clinical services for the women residing there. In FY2024, 35 women were served at the DRH. Additionally, in FY2024, OhioGuidestone began ramping up services and programming at the MHRB's Youth Resiliency & Counseling Center (YRCC), which was completed in April 2023. New programming implemented in FY2024 included the PROTECT program, a treatment program for youth with problem sexual behaviors.

Services are offered in an office setting, in the community, or in a client's home, thereby reaching people in outlying communities and reducing barriers to treatment and services.

Mental Health & Recovery Board Staff

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Services provided by OhioGuidestone

- **Adult and Youth Mental Health Services:** OhioGuidestone offers mental health assessment, case management, peer support, and individual, family, or couples counseling in the home, community, or an office setting.
- **Adult and Youth Substance Use Services:** Substance use services are provided to adults and youths in the form of assessment, case management, individual, or group counseling such as Intensive Outpatient Treatment. OhioGuidestone provides peer support services, as well as Medication Assisted Treatment (MAT) for adults through their open access walk-in clinic. Services are provided in the home, in the community or an office setting.
- **Adult and Youth Psychiatric Services:** OhioGuidestone's team of psychiatric professionals provide diagnosis and treatment, as well as medication management as needed.
- **Youth Services:** Early Childhood Mental Health (ECMH) services provide classroom

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consultation to assist youth in Medina County preschools. Intensive home-based therapy (IHBT) serves youth and their families in their home setting. The PROKIDS program is for youth with unruly charges in the Medina Juvenile Court, and the PROTECT Program is for youth with problem sexual behaviors. OhioGuidestone also provides mental health and prevention programming at some level in all of the Medina County school districts, and offers a Nurturing Parenting programming.

- **The Discovery Recovery House (DRH):** OhioGuidestone operates the Discovery Recovery House, owned by the Mental Health & Recovery Board (MHRB). This is a Level 3 recovery house for up to 12 women that offers supervised living as they actively work towards long-term sobriety.
- **The Youth Resiliency & Counseling Center (YRCC):** Owned by the MHRB and managed by OhioGuidestone, the YRCC, is a 6,000 square foot state-of-the-art facility that provides trauma informed behavioral health services. The facility has creative rooms such as a playroom, calming room, sand room, art room, and movement room. There is also an outdoor playground and basketball area.
- **Community Treatment Program (CTP):** OhioGuidestone provides community linkage for individuals with serious mental health and/or substance use issues being released from prison.
- **Silver Linings Groups:** OhioGuidestone provides mental health-focused groups to seniors through Medina County Senior and Adult Services.

Please call 440-260-2945 to schedule an appointment with OhioGuidestone!

If you or someone you know is in crisis or needs behavioral health assistance, the Medina County Mental Health & Recovery Board wants to remind individuals they can contact:

**Medina County's 24/7 Crisis & Behavioral Health Helpline at
330-725-9195 or call 988**

Additionally, if you are seeking recovery support, please call the 24/7 Hope Link peer line at **330-952-3559**



Medina County
MHRB
Mental Health & Recovery Board

The Medina County Mental Health & Recovery Board's mission is to decrease stigma and provide hope for a better life by assuring the availability of high-quality services in the areas of mental health, substance use, and recovery support to all Medina County residents through planning, purchasing cost effective services to the extent resources are available, coordinating, and evaluating these services.