

Here's The Scoop

Volume 1 Quarter 4
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ON MENTAL HEALTH & RECOVERY BOARDS:

MENTAL HEALTH and RECOVERY BOARDS (also known as Alcohol, Drug Addiction, and Mental Health Boards): Your County's Leader for Mental Health and Substance Use Services

Ohio's Mental Health and Recovery Boards are statutorily empowered through the Ohio Revised Code section 340.032 to plan, develop, fund, administer, and evaluate the local system of mental health and recovery services in each county.



Mental Health and Recovery Boards do not provide direct services, but instead work with provider agencies to fund a continuum of care that includes prevention, treatment and recovery support. These



services are funded utilizing a mix of federal, state, and local funds. As the local public agency empowered by the Ohio Revised Code to establish a unified system of care for mental health and substance use services, Mental Health and Recovery Boards operate in compliance with Ohio's Sunshine Laws. As public agencies, Boards encourage input and involvement from the public as they develop, promote, and sustain the community system of prevention, treatment, and recovery services.

Mental Health and Recovery Boards, through strong community partnerships, lead and advance efforts to ensure communities are healthy, safe, and drug-free, while assuring accountability and effectiveness in client care.

**24/7 Crisis & Behavioral Health Helpline
(330) 725-9195 or Text "4HOPE" to 741741
24/7 Hope Link peer line at 330-952-3559**



They are uniquely positioned to rapidly identify changing community needs, respond to crisis situations, and serve as catalysts for change. Mental Health and Recovery Boards are stewards of public, taxpayer funds dedicated to supporting community mental health and substance use services. They have a fiduciary responsibility to ensure that taxpayer funds are spent in an effective, efficient, transparent, and quality manner to purchase a continuum of services and support that are needed by citizens in the communities.

What is the role of the Medina County Mental Health & Recovery Board (MHRB)?

Medina County has a single county Board called the Medina County Mental Health & Recovery Board (MHRB), which is one of the 50 Mental Health and Recovery Boards in Ohio, that covers all 88 counties. The Medina County MHRB is governed by a 14-person, volunteer Board with members who are appointed by either the Ohio Department of Mental Health and Addiction Services or the Medina County Commissioners. The Medina County Mental Health & Recovery Board was formerly called the Medina County Alcohol, Drug Addiction and Mental Health (ADAMH) Board. The new name reflects more recovery friendly language and is less stigmatizing.

The Medina County Mental Health & Recovery Board is charged with ensuring a community-based continuum of care for mental health and substance use services that include prevention, intervention, crisis, treatment, and recovery services and support for the citizens of Medina County, as outlined in ORC 340.032. The MHRB does not deliver direct

services, it contracts with a network of providers to deliver these services across the continuum of care. It is the responsibility of the MHRB to ensure the complete continuum of care is available as each provider may not deliver every service.

The Medina County MHRB is best positioned to assess local needs, determine local priorities, create local plans, and make local decisions. The Medina County MHRB receives funding through the Medina County Human Services levy, as well as through partnerships, grants, and other collaborations to blend local, state, and federal funds together to support community-based programs and services.

The Medina County Mental Health & Recovery Board works to meet local needs by:

Engaging community participation: The MHRB, as the county's leader in mental health and substance use, engages community participation in the development, planning, and delivery of community services and supports by encouraging community involvement

Mental Health & Recovery Board Staff

Phillip Titterington, Executive Director

Tiffany Shelton-Kinney, Associate Director

Barbara Moxey, Office Manager

Kristen Hoffert-Leja, Finance Director

Kelley Domokos, Community Relations Director

in committee meetings, community forums, and other local activities. Through these activities, the MHRB works to ensure that the voice of the community is represented during all Board discussions.

Openly deliberating issues: The MHRB is a governing board and a public body and as such its meetings are open. At these meetings, the MHRB openly discusses issues, develops plans, and makes decisions on behalf of the community.

Recruiting and promoting local financial support: The MHRB is part of the joint Medina County Human Services levy, along with Medina County Job and Family Services and the Medina County Office for Older Adults. This levy is necessary to support the local behavioral health service system. The Medina County MHRB's Board members actively participate in advocating for the levy and fundraising.

Planning to meet community needs: Each year, the MHRB is required to submit a Community Assessment and Plan (CAP), to the Ohio Department of Mental Health and Addiction Services outlining the local plan for the provision of alcohol, substance use, and mental health services and support within Medina County. During this planning period the MHRB solicits feedback from consumers, family members, community members, and other constituents to articulate future visions and goals.

Contracting for community services: The Medina County MHRB enters into contracts with licensed and accredited community behavioral health providers for the provision of substance use and mental health prevention and treatment services, as well as recovery support. Within this contracting obligation, the MHRB is charged with considering cost-effectiveness as well as the quality of services and support. The MHRB also considers continuity of care for clients when contracting with providers. Through this contracting process the MHRB remains accountable to the public and ensures that federal, state, and local funds are effectively utilized to

MHRB Board of Directors

Lou DeLoss, Board Chairperson	Beth Beal Terry Grice
Cheryl Parzych, Vice Chairperson	Melanie Kasten- Krause
Melinda Rucinski, Committee Chair- person	Susan Myers Kent Patterson
Michele Sherrin, Secretary / Treas- urer	Melissa Pearce Kristine Quallich Stuart Root Jim Shields

provide access to critical mental health and substance use disorder services. The Medina County MHRB's main contracted providers are:

- *Alternative Paths*
- *Catholic Charities*
- *Hope Recovery Community (including Cathy's House)*
- *OhioGuidestone*

The MHRB works with individuals in recovery, family members, and community partners to respond to community needs. It ensures that individuals and families effected by mental illness and/or substance use have access to a high-quality, recovery-oriented system of care, inclusive of prevention, treatment, and recovery support services.

The MHRB, as the go-to community expert, serves as the hub of county, facilitating partnerships and relationships with individuals and organizations throughout the community representing individuals in recovery, families, law enforcement, criminal justice, elected officials, faith-based entities, education, child welfare, human services, and more.

If you or someone you know is in crisis or needs behavioral health assistance, the Medina County MHRB wants to remind individuals they can contact:

Medina County's 24/7 Crisis & Behavioral Health Helpline at **330-725-9195** or call **988**

Additionally, if you are seeking recovery support, please call the 24/7 Hope Link peer line at **330-952-3559**



Medina County
MHRB
Mental Health & Recovery Board

The Medina County Mental Health & Recovery Board's mission is to decrease stigma and provide hope for a better life by assuring the availability of high-quality services in the areas of mental health, substance use, and recovery support to all Medina County residents through planning, purchasing cost effective services to the extent resources are available, coordinating, and evaluating these services.