

# FY2023 ANNUAL REPORT

# MEDINA COUNTY ADAMH ALCOHOL, DRUG ADDICTION & MENTAL HEALTH BOARD



office@adamhmedina.org

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Medina, Ohio 44256

(330) 723-9642

WWW.MEDINAMENTALHEALTH.COM

# MISSION

The mission of the Medina County Alcohol, Drug Addiction and Mental Health (ADAMH) Board is to assure the availability of high quality alcohol, drug addiction and mental health services to all Medina County residents through planning (assessing needs and resources, and determining priorities); purchasing cost effective services to the extent resources are available; coordinating services; and evaluating these services.

## OUR ROLE

The Medina County ADAMH Board's Board of Directors is a public body comprised of up to 14 county citizens appointed by the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and the County Commissioners to serve voluntarily. The ADAMH Board identifies needs; funds, monitors, and evaluates mental health and substance use disorder services. The ADAMH Board contracts with providers to offer treatment, prevention, education, and recovery supports.

## PAYMENT FOR SERVICES

The charge for services at an ADAMH Board contracted provider is contingent upon how much an individual or family can afford to pay, based on family income. Payment arrangements are established with the agency when services begin. The Medina County ADAMH Board utilizes public funds to share in the cost of services when clients, who are Medina County residents, are unable to afford full payment. Payment is accepted from private insurance, Medicaid, Medicare and other sources first. The ADAMH Board is always the payer of last resort. Individuals are offered the opportunity to enroll in the Board's Ability to Pay Fee Schedule to ensure that behavioral health services offered locally are available to them. No one is turned away because of the inability to pay.

## MEDINA COUNTY HUMAN SERVICES LEVY



On November 3, 2019, Medina County citizens passed a human services levy which provides approximately \$5 million annually to support the ADAMH Board, Medina County Job and Family Services, and the Medina County Office for Older Adults to secure and increase needed services in Medina County. The three agencies

regularly collaborate together, thereby ensuring mutual accountability and maximizing levy dollars. The ADAMH Board is utilizing levy funding to improve available crisis and suicide prevention services, expand recovery housing and peer support programming, subsidize supportive housing, and increase available services and supports. The ADAMH Board is thankful to all who supported the levy. The Human Services Levy will be back on the ballot as a renewal on November 7, 2023.

## ADAMH BOARD FUNDED ORGANIZATIONS

Alternative Paths and OhioGuidestone were the largest community-based behavioral health agencies funded by the ADAMH Board in FY2023. Their mix of services provided Medina County residents with a choice of providers that offered local mental health, substance use and recovery support services, as well as access to a full continuum of care through partnerships with neighboring counties. Catholic Charities also receives ADAMH Board funding to provide senior case management services to individuals age 60 and over, as well as mental health and substance use counseling for all ages. During FY2023, the ADAMH Board continued to provide funding to Hope Recovery Community (HRC) to provide a continuum of peer and recovery support services with brick-and-mortar locations in the cities of Medina, Brunswick, and Wadsworth. Additionally, the ADAMH Board funds the Discovery Recovery House, an ADAMH Board owned, certified 12-bed, Level 3 house for women, and supported longtime certified recovery housing partner, Cathy's House. The Medina County ADAMH Board also funded numerous other initiatives in Medina County, which range from early childhood services, recovery navigators, permanent supportive housing, and school prevention, all the way through programming for senior citizens, to assure a comprehensive array of services for residents.

## WORKFORCE

Throughout FY2023, workforce shortages have continued to impact the ADAMH Board and our provider agencies, as well as many others across Ohio and the nation. These workforce shortages not only impact wait times for counseling services, they also impact the behavioral health field in other aspects. There are youth residential treatment facilities that have stopped operating, and others that decline to accept youth with certain behaviors, due to a lack of staffing. Additionally, we have seen large increases in residential group home rates, with operators citing the need to attract staff at higher pay rates. The ADAMH Board has, and will continue to work diligently to assist our provider agencies with recruitment and retention efforts.

## CAMPUS OF SERVICES

The ADAMH Board is located in the Human Services building, where Alternative Paths and OhioGuidestone are also located and providing outpatient and community-based behavioral health services such as diagnostic assessment, group and individual counseling, Medication-Assisted Treatment (MAT) and crisis services. Also located in the building is the Medina County Office for Older Adults, and across the parking lot are Medina County Job and Family Services, and the Veteran's Administration. Within a short walking distance are Medina Metropolitan Housing Authority (MMHA), Community Action Wayne/Medina, Hope Recovery Community, the Discovery Recovery House for women, Cathy's House, and many businesses with employment opportunities. This setting allows easy access to treatment and recovery supports while reducing barriers such as transportation.



# ADAMH FUNDED ORGANIZATIONS AND PROGRAMS



**246 Northland Drive, Medina, Ohio, 44256**

**Lodi Office: 225 Elyria Street, Lodi, Ohio 44254**

**Wadsworth Office: 1 Park Center, Wadsworth, Ohio 44281**

**(330) 725-9195**

**[www.alternativepaths.org](http://www.alternativepaths.org)**

Alternative Paths, Inc. is a not-for-profit provider of community-based behavioral health services. Their main campus is located in Medina, and they have satellite offices in Lodi and Wadsworth. They are planning the addition of a Brunswick location in FY2024. Alternative Paths is comprised of a multi-disciplinary team consisting of psychiatrists, psychologists, nurses, counselors, social workers, case managers, prevention staff, and community supportive psychiatric treatment professionals who work collaboratively to develop a plan of care appropriate to the needs of each client they serve.

**Received 1,622 adult  
and 271 youth crisis  
calls in FY2023.**

Alternative Paths is the County's agency for providing crisis services to residents through their 24/7 Crisis & Behavioral Health Helpline. The agency has traditionally specialized in treatment for adults and youth experiencing Serious Mental Illness (SMI), including schizophrenia, bipolar disorder, major depression, and other psychotic and personality disorders. Alternative Paths also provides mental health and substance use services to individuals incarcerated in the Medina County Jail and Juvenile Detention Center. Seven years ago, Alternative Paths expanded their array of services in numerous arenas, including a full range of services for substance use disorders, including individual and group



**Alternative Paths served  
4,974 unique, unduplicated  
clients in FY2023.**

counseling, and a Medication-Assisted Treatment program. They also expanded treatment for youth with Serious Emotional Disturbances (SED) and child psychiatry services, and became the gatekeeper for inpatient treatment for multi system, high-risk youth through Family First Council's Service Coordination and the local ICAT program. New programming in FY2023 included additional group services for youth and adults, including adult mental health day treatment and young adult case management socialization groups. Through a partnership with Hope Recovery Community, Alternative Paths also began to offer peer support services. Overall, in FY2023 Alternative Paths served 4,974 unique, unduplicated clients, and received 1,622 adult and 271 youth crisis calls.



# ADAMH FUNDED ORGANIZATIONS AND PROGRAMS



## OhioGuidestone

WHERE NEW PATHS BEGIN

246 Northland Drive, Medina, Ohio, 44256  
(440) 260-2945

[www.ohioguidestone.org](http://www.ohioguidestone.org)

OhioGuidestone is a full service, not-for-profit, comprehensive, community-based outpatient behavioral healthcare organization that was a new contract agency for the ADAMH Board in FY2018. OhioGuidestone provides mental health and substance use services for children, adolescents, and adults of all ages. The professional staff at OhioGuidestone are comprised of psychiatrists, psychologists, social workers, counselors, case managers, peer supporters, prevention staff and community supportive psychiatric treatment professionals who are there to help those seeking assistance in dealing with individual or familial concerns related to mental health, psychiatric, relational or substance use problems. In FY2023, OhioGuidestone served 1,399 individuals with mental health and substance use needs. With ADAMH Board support, OhioGuidestone has implemented a robust peer support network of services, which has built up over the last five years and become a thriving program. In

**OhioGuidestone served 1,399 individuals with mental health and substance use needs in FY2023.**

FY2023, the OhioGuidestone MAT open access walk-in clinic served 160 unduplicated individuals. OhioGuidestone oversees the ADAMH Board's 12-bed women's Discovery

**In FY2023, the OhioGuidestone MAT open access walk in clinic served 160 unduplicated individuals.**

Recovery House (DRH), and they offer clinical services for the women residing there. In FY2023, 33 women were served at the DRH. Additionally, in FY2023, OhioGuidestone began managing the ADAMH Board's Youth Resiliency & Counseling Center (YRCC), which was completed in April 2023. New programming during FY2023 included Intensive Home-Based Treatment (IHBT), and a ProKids truancy program for Medina Juvenile Court. OhioGuidestone services are offered in an office setting, the community, or in a client's home, thereby reaching people in outlying communities and reducing barriers to treatment and services.





# ADAMH FUNDED ORGANIZATIONS AND PROGRAMS



*200 Highland Dr, Medina, Ohio, 44256*

*(330) 952-0109*

*[www.hoperecoverycommunity.org](http://www.hoperecoverycommunity.org)*

In 2018, the ADAMH Board supported the hiring of a Peer Recovery Coordinator and the expansion of peer recovery support services through OhioGuidestone. The Peer Support Coordinator, along with support from the recovery community initiated a 501(c)3 by the name of Hope Recovery Community (HRC). HRC was created with the intent of providing peer support and recovery support services county-wide. The ADAMH Board sought and received a state capital grant to purchase and renovate a home on Highland Drive in the City of Medina that became a county-wide peer recovery support network and hub. This house is the home of Hope Recovery Community (HRC) who operates as a Recovery Community Organization (RCO). HRC opened their doors in October 2019 and have established themselves as a leader in multiple



recovery pathways in Ohio. The ADAMH Board has provided operational funding for HRC, as well as the physical site for their Medina location. In April 2022, the ADAMH Board provided support for HRC to expand into Brunswick, making them the first RCO in Ohio to have a second location in the same county, and in FY2023, they expanded into Wadsworth. In FY2022 the ADAMH Board applied for and received a capital grant to expand the house on Highland Drive, and this project was completed in April 2023. In FY2023, Hope Recovery Community



**In FY2023, HRC expanded into Wadsworth, having three locations in Medina County.**

started the Hope Line Peer Link, a 24/7 phone line to link individuals with substance use services, and also initiated a Recovery Friendly Workplace Initiative.

Hope Recovery Community has worked hard to partner with the community, while putting the needs of those they serve at the forefront. Their partners include ADAMH Board provider agencies, such as OhioGuidestone and Alternative Paths, and non-ADAMH funded agencies such as Community Assessment & Treatment Services (CATS). HRC works closely with Cathy's House, as well as the ADAMH Board's Discovery Recovery House. HRC works with the Medina County Probation Departments, Medina County Job and Family Services, and the Medina County Health Department, area hospitals, as well as numerous other residential and detox facilities across Ohio. HRC is an important and highly regarded part of the Medina community.





# ADAMH FUNDED ORGANIZATIONS AND PROGRAMS



Cathy's House is a leader in recovery housing, and has empowered over 900 individuals to live a life without the use of alcohol and other drugs. The Mission of Cathy's House is to serve the community by providing certified recovery housing for individuals seeking an affordable, high quality environment in order to learn the skills to live a lifestyle of recovery. Cathy's House offers a safe, structured, all-encompassing approach to provide men with the tools they need to succeed and live a healthy lifestyle. Cathy's House is certified by Ohio Recovery Housing (ORH), which means they adhere to the highest standards and also meet the national standards set forth by the National Alliance of Recovery Residences (NARR). The ADAMH Board has been a supporter of Cathy's House since they first opened in 1998, and over the years, this relationship has grown. The ADAMH Board provided additional funding for



capital improvements for Cathy's House to expand capacity to their initial Medina location. This house originally opened in 1998 and is a Level 2 home that serves 17 men. The ADAMH Board provided funding towards a six-bed Level 1 home for men, also located in Medina. The ADAMH Board provided support as Cathy's House expanded into the Brunswick Community with a Level 2 home for five men, and the ADAMH Board supported Cathy's House as they opened up the 12-bed Farm Recovery House at the Brown-Trump Homestead in Medina. Cathy's House has the capacity to house 40 men at one time, and had a 95% occupancy rate in FY2023. Their total



average length of stay for all houses combined is 306 days, and they have a 67% rate of successful discharges. Cathy's House has a synergistic relationship with Hope Recovery Community (HRC), and HRC provides resident peer support to the Cathy's House residents. Cathy's House residents attend programming at HRC, and HRC is also providing programming to the residents at the Farm Recovery House.




**Cathy's House has the capacity to house 40 men at one time, and had a 95% occupancy rate in FY2023.**



# OTHER MEDINA COUNTY ADAMH BOARD FUNDED SERVICES & PROGRAMS

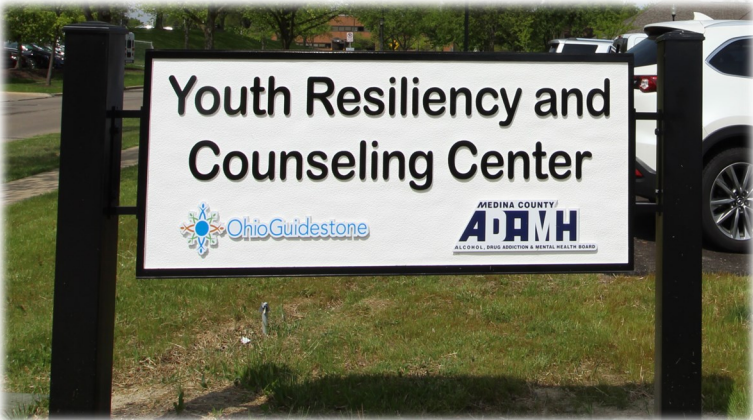
The Medina County ADAMH Board purchases a wide and diverse array of services to ensure that the behavioral health needs of Medina County residents are met . Additional ADAMH Board investments are as follows:

Grants and Opiate Initiatives		Youth and School Initiatives	
Addiction Treatment Program (ATP) Grant	Funding for treatment and ancillary services for Specialized Docket Drug Court participants engaged with Medina Common Pleas Drug Court, Juvenile Drug Court, and the Medina Municipal Valor (Veterans) Court.	Early Childhood Mental Health Services	Funding to OhioGuidestone to provide Early Childhood Mental Health services to Medina County preschools through the Whole Child Matters grant.
Alcohol Use Disorder (AUD) Funding	Funding to expand treatment and recovery support services for persons with an alcohol use disorder.	The Children’s Center of Medina County	Funding for crisis intervention and mental health services.
Criminal Justice and Behavioral Health (CJBH) Linkage Grant	Funding to Alternative Paths for community linkage services for individuals incarcerated at the Medina County Jail and Juvenile Detention Center. Assists with linking individuals to community treatment, medication and psychiatric services to prevent reincarceration.	Hope Squad	Funding to Medina City Schools, Buckeye and Cloverleaf Schools for this peer led suicide prevention program.
Community Transition Program (CTP)	Funding to OhioGuidestone to provide community linkage for offenders with severe mental health and/or substance use issues being released from prison.	K-12 Prevention Initiative	Funding for individualized evidence-based prevention programming for local school districts.
Jail Psychotropic Medication Assistance	Assist with securing reimbursement for the cost of psychotropic drugs dispensed in the Medina County Jail.	Medina County Juvenile Drug Court Program	Funding to Alternative Paths to support the substance use and mental health treatment of teens involved with Medina County Juvenile Drug Court.
Medina County Health Department	Narcan Kits available to the public through the Health Department's Project DAWN Clinic.	Mental Health First Aid	Collaborated with Kent State University to bring this program to every school district to train teachers and staff to identify signs of depression and suicidality.
Medina County Opiate Task Force	Created an Opiate Task Force in partnership with the Medina County Health Department.	OhioSTART (Sobriety, Treatment and Reducing Trauma)	An intervention program that provides intensive trauma counseling to children who have suffered victimization due to substance use by a parent, as well as peer support to families with the overall goal of stabilizing families so that children and parents can recover and lead abuse and addiction-free lives.
Medina County Opiate Response Team	Funding to Alternative Paths for the Medina County Opiate Response Team, which was formed in partnership with the Medina County Sheriff’s Department.	Prevention Services	Funding through contracted agencies to provide school and community-wide prevention services.
State Opioid Response (SOR) Funding	Funding to Alternative Paths, Cathy’s House, Hope Recovery Community, and OhioGuidestone for numerous opiate initiatives.	SHARE (Student Health, Advocacy, Resources and Empowerment)	Funding for leadership events, such as Red Ribbon Week, Middle School Leadership, and educational workshops.
Specialized Dockets Funding	Pass through funding for the operation of the certified Adult Drug Court, Mental Health Court, Valor (Veteran’s) Court, and Juvenile Drug Court.	Student Drug Testing Kits	Medina City Schools and Wadsworth City Schools.
Housing		Youth Service Coordination	Assistance with services for high-risk, multi-system youth with serious mental health issues who have been unsuccessful in traditional forms of local treatment.
Cathy’s House (certified)	ADAMH Board support for: Medina Level 2 recovery housing for up to 17 men; Medina Level 1 recovery housing for up to 6 men; and Brunswick Level 2 recovery housing for up to 5 men; and Medina Level 2 Farm house for up to 12 men.	Seniors	
Discovery Recovery House (certified)	A 12-bed, Level 3 certified women’s recovery house owned by the ADAMH Board and operated by OhioGuidestone. OhioGuidestone offers treatment, peer and recovery support services for residents.	Office for Older Adults	Funding for senior prevention services in Brunswick, Medina, Wadsworth, and Lodi.
Manhattan and Jefferson Apartments	Supportive Housing units owned by Medina Metropolitan Housing Authority and reserved by the Medina County ADAMH Board with programming through Alternative Paths.	Catholic Charities Community Services - Medina County	Home-based case management and counseling services for seniors.
Medina Metropolitan Housing Authority (MMHA)	Funding to MMHA to manage ADAMH Board properties, including ones for those with serious mental health issues; and to provide HUD/Housing consultation services; and funding to support a homelessness case manager.	<div><div><h1>Catholic Charities</h1><p>DIOCESE OF CLEVELAND</p><h2>Medina County</h2><p>Catholic Charities partners with the ADAMH Board to provide senior case management services to adults aged 60 and over, as well as mental health and substance use counseling for all ages. In FY2023, Catholic Charities continued to be an excellent partner.</p></div></div>	
Northland Place I and II	Permanent supportive housing units owned by the Medina ADAMH Board with programming through Alternative Paths.		
Washington Apartments	Permanent supportive housing units owned by the Medina ADAMH Board with programming through Alternative Paths.		



OTHER MEDINA COUNTY ADAMH BOARD FUNDED SERVICES & PROGRAMS

Community	
Crisis Services Continuum	A diverse array of crisis services through Alternative Paths.
Highland House	The ADAMH Board owns the Highland House, which is the home of Hope Recovery Community (HRC).
Hope Recovery Community (HRC)	The ADAMH Board provides operational and programmatic support to this Recovery Community Organization (RCO) that provides a wide array of peer recovery services and supports.
Medina County Adult Interdisciplinary Team (I-TEAM)	Collaboration involving a team of professionals that assist with planning or coordinating services for vulnerable adults who are abused, neglected, or exploited.
Medina County Jail Services	Linkage of offenders into the community upon release. Funding to Alternative Paths to provide clinical services within the jail. Funding for treatment driven drug testing at the jail. Assistance with funding reimbursement from OhioMHAS for psychotropic medications dispensed at the jail.
Medina County Common Pleas Mental Health Court	Funding to Alternative Paths for forensic monitoring and case management services to Specialized Docket Mental Health Court. Mental Health Court (MHCP) funding passed through by the ADAMH Board. One-time funding provided for drug testing through the probation department.
Mental Health First Aid	Funding to the Medina County Health Department to provide Mental Health First Aid training to community members.
National Alliance on Mental Illness (NAMI)	Funding provided to Alternative Paths to participate in education, support and advocacy for those living with serious mental illness and their families.
Recovery Support Systems Ad Hoc Committee	Formed by the ADAMH Board to identify and evaluate current recovery support systems in Medina County and make recommendations for ways to increase access and potentially expand and sustain those services.
State Recovery Conference	Funding registrations for local providers and individuals in recovery.
Suicide Prevention Coalition	Funding for committee operations, sponsorship of the annual suicide prevention walk, development and implementation of a LOSS Team (Local Outreach to Suicide Survivor) in Medina County.
Youth Resiliency & Counseling Center (YRCC)	ADAMH Board's newest initiative, a collaboration with OhioGuidestone. Construction was completed in April 2023.



Commissioners Swedyk, Hambley, and Harrison present an Overdose Awareness Day proclamation to Hope Recovery Community Executive Director, Stefanie Robinson and ADAMH Board Executive Director, Phillip Titterington.

## FISCAL YEAR 2023 ADAMH BOARD MEMBERS

Susan Myers, *Chairperson*  
Lou DeLoss, *Vice Chairperson, Finance Chair*  
Cheryl Parzych, *Secretary/Treasurer, Planning Chair*  
Beth Beal  
Terry Grice  
Dennis Hanwell  
Melanie Kasten-Krause  
Tom Miller  
Kent Patterson  
Melissa A. Pearce  
Stuart Root  
Melinda Rucinski  
Michele A. Sherrin

## FISCAL YEAR 2023 STAFF

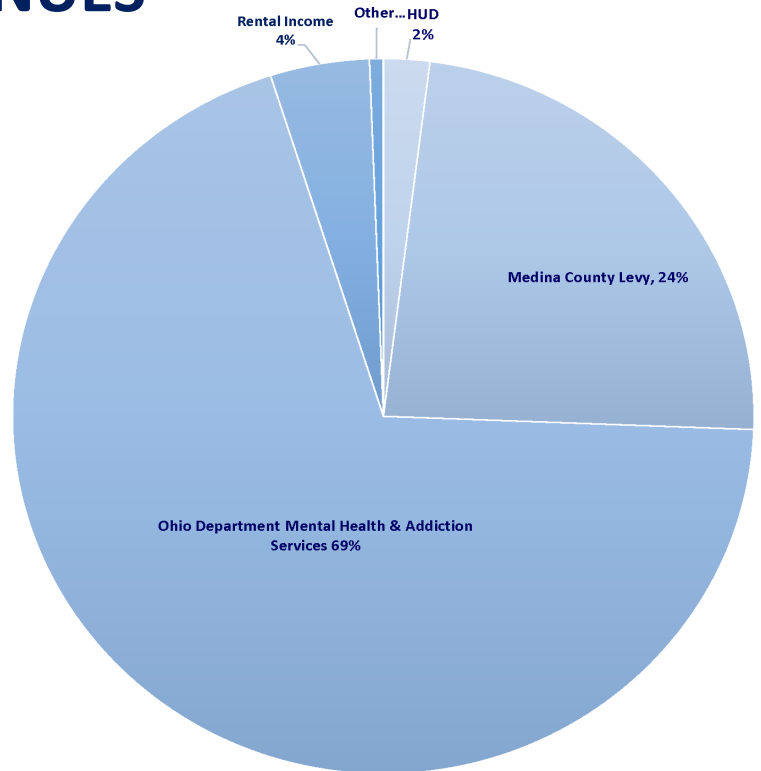
Phillip Titterington, *Executive Director*  
Amy Akermann, *Finance Director*  
Kristen Hoffert-Leja, *Community Relations Director*  
Barbara Moxey, *Administrative Office Manager*  
Tiffany Shelton, *Planning & Program Director*  
Mike Stiles, *IT Director*



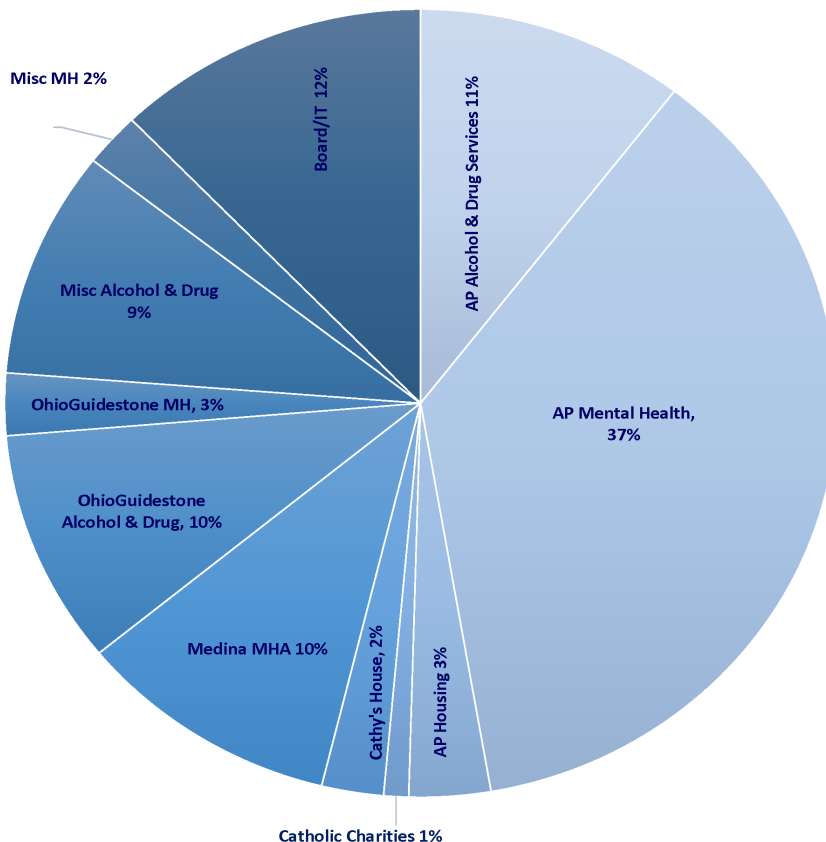
# FISCAL YEAR 2023 REPORT

## REVENUES

	AMOUNT	PERCENT
HUD	\$ 143,172	2%
Medina County Levy	\$ 1,673,543	24%
Ohio Department Mental Health & Addiction Services	\$ 4,932,466	69%
Rental Income	\$ 306,728	4%
Other	\$42,453	1%
<b>TOTAL</b>	<b>\$6,729,696</b>	<b>100%</b>



## EXPENDITURES



	AMOUNT	PERCENT
Alternative Paths, Inc. Alcohol & Drug Services	\$678,00	8%
Alternative Paths, Inc. Mental Health Services	\$2,390,016	27%
Alternative Paths, Inc. Housing Services	\$205,979	2%
Catholic Charities Community Services	\$62,534	1%
Cathy's House	\$156,172	2%
Medina Metropolitan Housing Authority	\$664,010	8%
OhioGuidestone Alcohol & Drug Services	\$623,789	7%
OhioGuidestone Mental Health Services	\$165,817	2%
Misc. Alcohol & Drug Providers / Consultants	\$605,805	7%
Misc. Mental Health Providers / Consultants	\$143,426	2%
ADAMH Board / IT Operating Budgets	\$729,935	9%
Capital Projects	\$2,301,859	26%
<b>TOTAL</b>	<b>\$8,790,343</b>	<b>100%</b>