

Medina County Commissioners' Newsletter



Medina County Ohio

BOARD OF MEDINA COUNTY COMMISSIONERS



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MAY 19, 2023

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ADAMH BOARD

Board announces expansion of Hope Recovery Community

The Medina County Alcohol, Drug Addiction and Mental Health Board (ADAMH) is very pleased to announce the expansion of our property located at 200 Highland Dr., which is the home of Hope Recovery Community (HRC), who operates a Recovery Community Organization (RCO) that provides programming throughout Medina County.

Phillip Titterington, the Executive Director of the Medina County ADAMH Board stated "we are proud to be supporters of the work being done by Hope Recovery Community (HRC) to help those seeking multiple pathways to recovery. HRC has built up a tremendous base and they provide over 30 meetings and programs each week. In partnership with the ADAMH Board, HRC

has expanded into physical spaces in Brunswick and in Wadsworth. They are also providing recovery supports and programming at the farm located at the Brown-Trump Homestead where Cathy's House is providing recovery housing."

The Hope Recovery Community initiative started as a movement in the recovery community in 2018, and they rapidly grew and gained support throughout the county.

HRC is open 365 days per year in order to provide support during holidays, evenings and weekends.

In addition to numerous re-

covery meetings and recovery support, they provide family peer support, assist individuals with locating detox, residential treatment and recovery housing, run a Recovery Friendly Workplace Program, and host a weekly Saturday night dinner for individuals to connect and network.

HRC provides recreation such as a softball team, bowling league and is one of two sober Browns Backer groups in Ohio.

A Recovery Community Organization (RCO) is an independent, non-profit organization led and

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governed by representatives of local communities of recovery.

These organizations organize recovery-focused policy advocacy activities, carry out recovery-focused community education and outreach programs, and/or provide peer-based recovery support services.

Eighty percent of Hope Recovery Community's Board of Directors and 70% of their Advisory Council is made up of individuals in recovery.

Stefanie Robinson, also in recovery, is the Executive Director of this new RCO.

Robinson stated, "the recovery community is stronger than ever in Medina County. Hope Recovery Community is seeing the healing, hope, and power of recovery transform individuals, families, neighborhoods and ultimately communities. The expansion of Hope Recovery Community is impacting lives and making Medina County a better place to live today, and is also laying the foundation for our children and our children's children to live in a community that no longer fears addiction...but instead embraces recovery!"

To learn more about the Hope Recovery Community, visit www.hoperecoverycommunity.org. Additional local resource information can be found at www.medina-mentalhealth.com.

One-of-a-kind Youth Counseling Center opens in Medina

OhioGuidestone & Medina ADAMH Board Collaboration

OhioGuidestone, the state's leader in community behavioral health, in partnership with the Medina County ADAMH (Alcohol, Drug Addiction and Mental Health) Board announced the opening of the new Youth Resiliency and Counseling Center (YRCC) serving children and families.

A ribbon cutting ceremony with local and state dignitaries took place on Friday, May 12 at the new center at 177 Northland Dr., Medina.

The YRCC is a state-of-the-art 6,000 square foot space designed specifically for counseling which will involve unique therapies in addition to traditional counseling.

The facility features creative rooms such as a sand room, an art room, a movement room, a playroom, and a calming room — all created for youth to engage in therapy in more ways than just through talk time.



Photo courtesy of Sara Crawford / The Gazette

The Youth Resiliency and Counseling Center celebrated its opening on Friday, May 12.

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The facility also has a large, modern kitchen where families can practice positive interactions in an everyday task that can sometimes be stressful.

"The new construction allowed us so much flexibility to design a space with the interest of our clients and staff in mind," said Melissa Romain, Regional Director, Medina County at OhioGuidestone. "We created a space that is inviting and bright, flexible in its use and full of technology," Romain said.

The ADAMH Board built the center to address unprecedented behavioral health concerns facing youth and families today.

The Board chose OhioGuidestone to help in the design of the facility, and to provide trauma-informed care and behavioral health services to help youth and families heal from the mental health, substance use and traumatic experiences that so many are facing.

The Medina County ADAMH Board Executive Director, Phillip Titterington, stated "we are proud to bring the YRCC to Medina County to offer hope and healing to youth and families, and we look forward to our continued partnership with OhioGuidestone to provide these much-needed services."

OhioGuidestone President and CEO, Brant Russell said, "We've been partners with the ADAMH board since 2017 and are incredibly honored that they chose us to run the new Youth Resiliency & Counseling Center, providing better person-centered care for the children and families in Medina County."

Youth and family clients who were previously served at 246 Northland Dr. will now be seen at the new Youth Resiliency & Counseling Center, beginning within the next two weeks.

OhioGuidestone serves over 26,000 clients throughout Ohio. Call 844.6.CALL.OG (844-622-5584) to schedule an appointment.