

Medina County Opiate Task Force
August 24, 2018 Minutes

Welcome – Phillip Titterington welcomed all gathered and introductions were done. He provided an overview of the Certified Peer Recovery Support Services Network and Hub that is being developed through oversight by OhioGuidestone and direction from Stefanie Robinson who is OhioGuidestone’s Peer Recovery Coordinator (see below and the attached sheet for more details). He reported that this will be a physical location used to build a strong certified peer support workers network for addiction and mental health, to be used by any agency, department or person in need. Ms. Robinson is working alongside the recovery community and Ohio Citizen Advocates for Addiction Recovery (OCAAR) to seek Board members and follow the recommended state guidelines to start a Recovery Community Organization (RCO) that will eventually provide services throughout the entire county of Medina. Mr. Titterington also shared that the ADAMH Board was pleased to be able to fund start-up costs for CATS’ Residential Treatment Center and see residential services brought to Medina County. Additionally, Mr. Titterington explained that Medina County is only one of four counties in Ohio that does not have an ADAMH Board levy. With the opiate epidemic, we are seeing our resources stretched to a nearly impossible level. Consequently, the ADAMH Board is considering a partnership with Medina County Job & Family Services and the Medina County Office for Older Adults to place a human services levy on an upcoming ballot. Mr. Titterington also outlined several county opiate initiatives and updated the group on several upcoming recovery events.

Introductions- Krista Wasowski introduced each presenter. (Sign-in sheet of attended attached to the minutes).

Presentation (slides attached to the minutes) – Alternative Paths employees that work at the Medina County Jail, Denise Engelmann, LICDC-S, LSW and Anna Smyczek, LPC provided information on the unique struggle for women in recovery. They shared that the idea of a “good woman” or a “good mother” adds another layer of guilt to a traumatic time. Women are more physically vulnerable and by adding trauma and addiction they are often isolated. They further stated that the idea of abstinence being the opposite of addiction is not what we are striving for...it is connection that is the opposite of addiction. The presenters talked about the recovery outlet that we do have in Medina County, then identified a list of barriers to recovery that many women they are working with are facing:

- Transportation assistance
- Availability of Residential Treatment
- Availability of sober housing- 7 beds
- Child care resources
- Difficulties asking for help
- Lack of coping skills
- Difficulties in obtaining immediate appointments and continuing ongoing treatment due to volume of clients at agencies in Medina
- Fear of the unknown in recovery

There was specific discussion about the need for residential treatment and a halfway program with enough structure that women can move from incarceration to a setting that can help them. The LACADA Way and Bianco Accommodations have an arrangement for 3hrs/day 5days/week day treatment with no outside employment for the first 90 days living in a Recovery House. This sounds like an idea to expand upon.

Community Assessment & Treatment Services

Robert Newman, Development Director, reported there have been 12 referrals for the 16 bed facility since it opened with 11 of those coming from probation and drug court. The ADAMH Board did assist with startup costs for the facility. Unfortunately, enrollment has been very marginal. They are fully staffed with clinicians and discussed doing outreach to jails for Medicaid enrollment. Gail Houk explained the current Medina County process which does this already. CATS is working with Positive Recovery Solutions to provide mobile on-site Vivitrol. CATS is willing to schedule with the outpatient providers of the persons choice to follow-up after inpatient treatment. Right now CATS is honoring the intent of keeping the beds for Medina County residents, but interest has been limited. This will continue to be assessed. There was discussion about having a women's facility and Mr. Newman is willing to discuss this further with the agency if a need is demonstrated.

Cathy's House

Eddie Anderson spoke about his role as the facility manager with Cathy's House. They do require a person to be three days sober prior to entry in the house and all residents commit to attending an AA meeting and sponsor connection daily as well as obtaining employment. The cost is \$300/month to live at Cathy's House.

Medina County Drug Task Force – no update

OhioGuidestone Peer Support – Stephanie Robinson has been hired by OhioGuidestone to begin a Certified Peer Recovery Support Network and Hub. Ms. Robinson stated that the idea of the program is to connect those struggling with someone who understands the journey and can help encourage, guide, and support them. Three or four additional part-time coaches will be hired as the program continues to build. OhioGuidestone is currently the sponsoring agency. (See the attached flyer with additional information). Please call 440-260-8300 to make a referral for peer services. The recovery community is establishing a Board and their own 501c3 and will operate out of the recovery hub.

Medina County Health Dept. Project DAWN – Lisa Strebler shared that for 2018 the Health Department has distributed 104 Narcan kits containing 2 doses of 4mg each to the community. There have also been 36 kits supplied to first responders. She encouraged first responders to use this no cost program. Project DAWN Clinics are held Tuesday from 4:30-6:30 at the Health Department and the last Thursday of each month in Wadsworth from 2-4pm at Fire Station #2 (flyer attached to minutes).

Medina County Opiate Response Team – Gail Houk reported that opiate overdose numbers are down. The team has received permission from the ADAMH Board and state funders to work with those coming into the jail with positive tox screens for opiates, but that have not actually had an overdose. Community members are encouraged to continue making referrals. Ms. Houk reports the team has received referrals from law enforcement in neighboring counties which means the word is out about the program. She also reviewed the team statistics and referral numbers and explained that the June/July numbers reflected the at-risk outreach population that was outreached at the jail, not a spike in overdoses. (Slides found at the end of the Alternative Paths presentation attached to the minutes).

Recovery Center of Medina County – no update

Health, Safety & Intervention Subcommittee – No committee update, but the group will meet to consider any agenda items suggested for action. Sheriff Miller shared with the group that the jail was inspected yesterday and passed with overcrowding being a slight demerit. Sheriff Miller stated we offer more programs through the Medina County Jail than others in the state, for which we should be proud. He also described two incidents he recently heard about; a 4 year old in Wellington that knew how to administer Narcan to save a parent, and another young child in Wayne County who knew how a parent used cocaine. Due to this, he states there is more to be done. He stated, "our work today is about saving not just this generation, but the next as well. We should be proud of our efforts and continue to work together!"

Treatment Access & Availability Subcommittee – No committee update, but we have seen a significant expansion of services and capacity over the past 12 months.

Prevention, Education, Advocacy & Family Support – Christy Rickbrodt reported that the Celebrating Families group is meeting for 16 weeks at the Oaks. Grandparents raising grandchildren are welcome to attend, and they have a family dinner each meeting. Grief Support groups also continue to meet and take referrals. Cindy McQuown is doing Prevention Bingo with older adults and working on trainings with professionals and caregivers related to medication disposal.

DeTerra drug disposal bags are available and will be used in addition to the countywide D.U.M.P. sites. The committee is reaching out to dentists (specifically oral surgeons), realtors conducting Open Houses, and older adults who may have trouble traveling to a disposal location. On September 14th, dentist Dr. Jenkins, USAF will be speaking about the role and changes in dental pain management that have occurred as a result of the opiate epidemic.

Family Matters has started a group in Wadsworth and is slowly increasing in numbers. The Medina group continues to meet with a one hour guest speaker and one hour of support format. Prevention Action Alliance has grief resource packets and helps advocates.

<https://preventionactionalliance.org/connect/the-gap-network/grief-resource-packets/>

Announcements (in order of date)

- August 27th will be a Candlelight in the park after the speaker series at the Wadsworth Library
- International Overdose Awareness event at Cornerstone Church on August 31st
- September is National Recovery Month – watch for events
- Kite Fest is September 8th from 10-3 pm at Buckeye Woods Park (flyer attached). We have 23 million people living in recovery in the U.S. Let's have a good turnout to show people locally that recovery is possible and supported.
- Register by September 14th for the Statewide Recovery Conference October 1-2, 2018 at the Hyatt Regency Columbus.
https://oacbha.org/docs/2018_Recovery_Conference_Registration_Packet.pdf
- September 29th OhioGuidestone and Heartland Church are holding Family Fest to support families with those in recovery, especially ones with young children. There will be activities. Watch for more information.
- Cathy's House Annual Fundraiser is October 7th from 5-10 pm (flyer attached).
- October 29th at the Medina library from 6:00-7:30 pm in the Community Room, Cindy McQuown and the Brandt Family will discuss their story of surviving the loss of a family member through addiction and how others can get support.

Medina County Opiate Task Force
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OhioGuidestone

SOLUTIONS FOR CHILDREN, FAMILIES
& COMMUNITIES

Recovery Peer Support

Support from someone who has been there



WHAT IS A PEER SUPPORTER/ RECOVERY COACH:

- Provides Recovery Support
- Models Recovery
- Encourages
- Connection to local recovery community
- Expert in community resources
- Trained in addiction support
- Identifies obstacles and barriers
- Establishes recovery and relapse prevention plans
- Advocates for those in recovery
- Empowers
- Person with similar lived experience

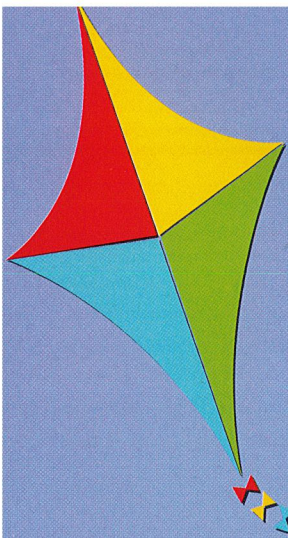
At OhioGuidestone we recognize the need for on-going treatment to recover from substance abuse and addiction disorders. Treatment and counseling are just a few pieces of the puzzle. Often times, we seek to connect with someone like us, someone who is also battling and recovering from a substance abuse disorder. We seek support from someone who really gets it, and who can understand what we are going through.

OhioGuidestone's recovery peer support services (recovery coaches) are now available in Medina County. Local recovery coaches are ready to inspire, encourage, model recovery, connect you to local recovery supports, and help you achieve long and short term recovery goals. Peer support can be a stand alone service or used alongside other services we or another agency offers. You are not alone and OhioGuidestone is here to help. Contact us today to connect with a local recovery coach!



To connect with a recovery coach/ peer supporter: 440.260.8300

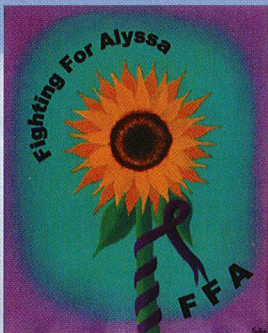
246 Northland Dr. Medina, Ohio 44256 | Fax: 440.260.8575



Kite Fest

**SATURDAY
SEPTEMBER 8
10 am - 3 pm**
**Buckeye Woods Park
6335 Wedgewood Rd**

Benefitting Fighting For Alyssa



10:00 5K AND 1 MILE FUN RUN

Register at: <http://getmeregistered.com/Kitefest5K>

12:00 MUSIC & BUBBLE CHASING

1:30 GIANT KITE FLYING



**Kites for Sale
or Fly Your Own!**

Dedicated to Drug Awareness, Prevention and Treatment

FOOD & ENTERTAINMENT



BALLOON ANIMALS



SHERIFF'S OFFICE K-9 UNIT

Marie's
café & catering

117 public square



SHERIFF'S OFFICE D.A.R.E. CAR

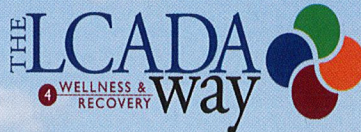


FACE PAINTING

PRESENTED BY:

**Medina County Drug Abuse Commission • www.mcdac.com
and New Era Kite Club of West Virginia**

SPONSORED BY:





Cathy's House Annual Fundraiser

Cornerstone Chapel: 3939 Granger Rd., Medina

Sunday, October 7, 2018

5pm-10pm

Food, Music, Games, Raffles and more!
Recovery-friendly event- no alcohol will be served.

\$25- Event Ticket (includes dinner)

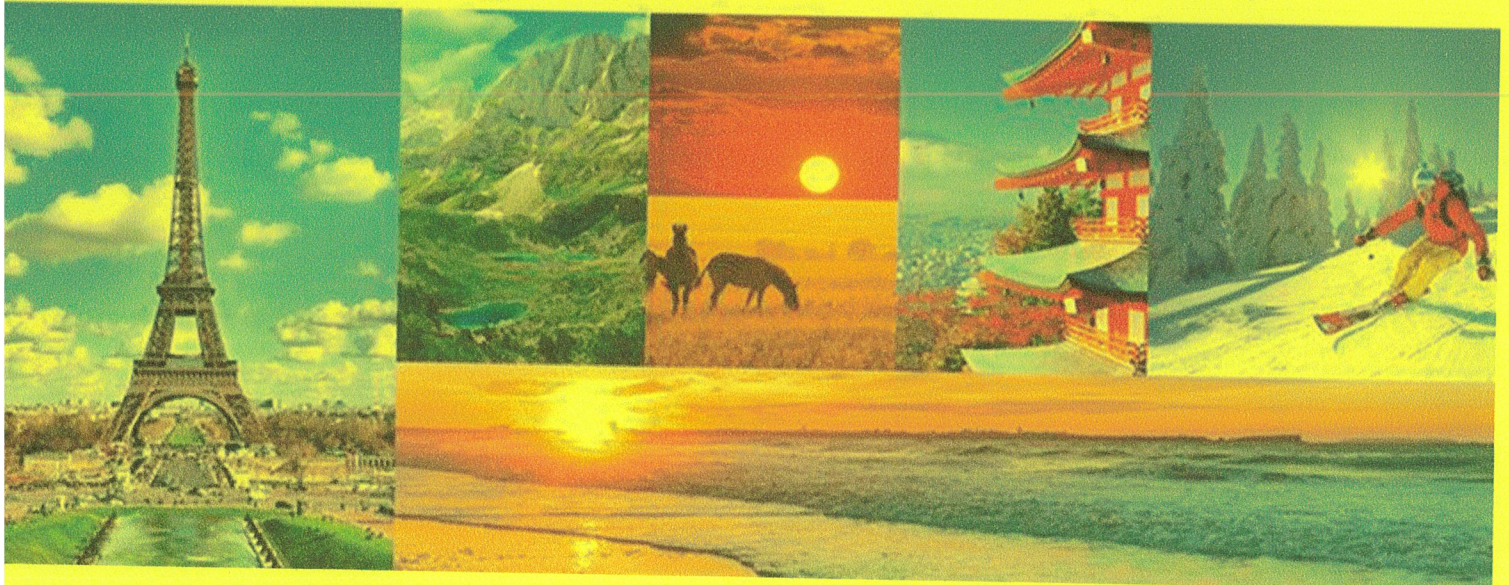
WIN A DREAM VACATION!

Raffle for a chance to win a dream vacation (\$5500 value) plus \$1000
spending cash. Trip raffle tickets (including dinner): \$100.
Second chance drawing for \$1000 cash.

To purchase tickets call Ed 216.326.2035 or Linda 330-416-7277,
email us at cathihome@zoominternet.net or message us on Facebook.

JOIN US IN SERVING THE RECOVERY COMMUNITY!!

The mission of Cathy's House is to serve the community by providing a sober living
environment for individuals making the transition from addiction to sobriety.





Deaths Avoided With Naloxone

Project DAWN is an overdose education and Naloxone distribution program. Participants learn how to:

- Recognize the signs and symptoms of an opioid overdose.
- Make an emergency 9-1-1 call.
- Perform rescue breathing.
- Administer Narcan[®] (Naloxone) to someone experiencing an opioid overdose.

This is a completely confidential walk-in program and is available to adults, 18 years and older. Please bring a photo identification. There is no charge for the training or response kit.

The Project DAWN Clinics will be open

Medina Location

Tuesdays

4:30 - 6:30 p.m.

**Medina County Health Department
4800 Ledgewood Dr.**

Wadsworth Location

Last Thursday of each month

2:00 - 4:00 p.m.

**Wadsworth Fire Station #2
338 Weatherstone Dr.**

Call 330-723-9688, option 2 for more information

