

Today's weather



HIGH: 42  
LOW: 30

Sunrise: 6:57  
Sunset: 6:22

# THE GAZETTE

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FRIDAY, March 4, 2022

\$1.25

## ROUNDUP

### Group to host training sessions on suicide prevention

One of the groups for Leadership Medina County is focusing on mental health in the community and working to promote QPR training that is funded by Alternative Paths in partnership with the ADAMH Board.

QPR training focuses on recognizing warning signs, offering hope and saving the life of someone considering suicide. The steps of the training include questioning a person about suicide, persuading someone to get help and referring someone to the appropriate resource.

The group's goal is to raise awareness, support those suffering and promote an overall understanding of mental health. Throughout the next two months, the

group will be organizing training sessions for organizations throughout the county. To register for the training sessions, visit [bit.ly/3hAkBcn](http://bit.ly/3hAkBcn).

The sessions will be held:

- Tuesday, 6-7 p.m. at the Medina County Career Center, 1101 W. Liberty St. in Medina.
- March 23, 11:30 a.m. to 1:30 p.m., at Comfort Suites, 1464 Town Center Boulevard in Brunswick.
- April 20, 7-8:30 p.m., at Highland High School, at 4150 Ridge Road in Medina.

Funding for QPR training is provided by Alternative Paths in partnership with the Medina County ADAMH Board and the Medina County Coalition for Suicide Prevention.

If interested in scheduling free QPR training, email [QPR@leadershipmedina.org](mailto:QPR@leadershipmedina.org).