

BOYS BASKETBALL Medina fades in second half against Solon **C1**

Today's weather



HIGH: 20
LOW: 9

Sunrise: 7:33
Sunset: 5:50

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DISCOVERY RECOVERY HOUSE IN MEDINA

Women given a place to heal addiction

Sara Crawford
The Gazette

MEDINA — In partnership with the Medina County ADAMH Board and OhioGuidestone, the Discovery Recovery House provides 11 women with the opportunity to begin their recovery process.

The Discovery Recovery House is a level-3 recovery house that provides women who have suffered with addiction a place to begin recovery. With the level-3 distinction, the Discovery Recovery House is the highest level of recovery housing, with staff on-site 24/7.

"Based on our knowledge of the needs of women early in recovery, they just have some higher needs that

women have," said Stefanie Robinson, recovery peer support coordinator at OhioGuidestone. "We wanted to be able to meet people where they're at and meet those needs."

According to Phillip Titterington, executive director of the ADAMH Board, the Discovery Recovery House project started a few years ago with the understanding that there were not many options for women in recovery.

With a \$500,000 capital grant, the ADAMH Board was able to assist in additional funding due to the passing of the human services levy in 2019 to complete the construction of the building.

"It's one thing to say they believe in (recovery housing), but they also invest in it," Robinson said.

The house is owned by the ADAMH Board and completely run by OhioGuidestone.

Completed during the height of the pandemic in 2020, Titterington said that they waited to move people in until there were lower case numbers.

According to Robinson, residents began moving in one by one in June and the house has been full since week four.

With 12 beds offered, the Discovery Recovery House has only 11 women at the moment in case of any issues due to COVID.

"This is where they call home," Robinson said. "This is their safe landing space."

See **DISCOVERY**, A6



PHOTO PROVIDED

The Discovery Recovery House is a level-3 recovery house in Medina that provides women who have suffered with addiction a place to begin recovery.

DISCOVERY

From A1

Robinson said that since bringing in the residents, it has been great to see how the recovery housing has helped them and how the staff is able to support them.

“We get to empower them and be part of that journey,” Robinson said. “That’s an exceptional thing.”

According to Robinson, just in the past few years Medina has changed to have more resources for those who need it and is a strong recovery community.

She said that since the Discovery Recovery House has opened, people have asked how they can help.

Throughout the month of February, the Discovery Recovery House is hosting a virtual housewarming event to welcome the community to learn more about the work done at the house.

In a video created with the help of Heartland Community Church, viewers are taken on a tour of the building. The video can be viewed at youtu.be/ANUM1C8a40Q.

In addition, the Discovery Recovery House has shared an Amazon wish list with essential items such as blankets, games, toiletries and more. The list can be found at <https://amzn.to/3J2vDCR>.

“(It’s) just stuff to really make their daily life a little bit easier and just oppor-



PHOTO PROVIDED

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tunities for the community to be able to support them and get involved,” Robinson said.

Robinson’s goal is to be able to help and support as many women that are in search of assistance, whether that be through the Discovery Recovery House or through the other programs provided

by the ADAMH Board.

“(I hope) we can continue to build and grow a safe place for women, to build a foundation that will lead them into a lifelong journey of recovery,” Robinson said.

Contact reporter Sara Crawford at (330) 721-4063 or scrawford@medina-gazette.com.
