

**MEDINA COUNTY**

**ADAMH**

**ALCOHOL, DRUG ADDICTION & MENTAL HEALTH BOARD**

**FY2019 ANNUAL REPORT**

## OUR MISSION

The mission of the Medina County Alcohol, Drug Addiction and Mental Health (ADAMH) Board is to assure the availability of high quality alcohol, drug addiction and mental health services to all Medina County residents through planning (assessing needs and resources, and determining priorities); purchasing cost effective services to the extent resources are available; coordinating services; and evaluating these services.

## OUR ROLE

The Medina County ADAMH Board's Board of Directors is a public body made up of county citizens appointed to the Board by the Ohio Department of Mental Health and Addiction Services and the County Commissioners. The Board consists of up to 14 members. The ADAMH Board provides oversight and direction to multi-faceted, behavioral healthcare community-based programs and services. The ADAMH Board's providers offer treatment, prevention, education, and recovery supports. To do this, the ADAMH Board identifies needs, funds, monitors, and evaluates mental health and substance use disorder services. These services are available to all citizens of Medina County, regardless of their ability to pay.

With input from the community and agencies, the ADAMH Board determines the direction of mental health and alcohol and drug treatment services and contracts for these services through private, non-profit service providers. The ADAMH Board provides full or partial funding to these agencies from federal, state and local funds.

## SERVICES PROVIDED BY THE MENTAL HEALTH AND SUBSTANCE ABUSE NETWORK

Our network of providers is a group of community agencies dedicated to providing effective, coordinated and affordable mental health and substance use disorder services to residents of Medina County. Each year, this array of services helps thousands of people struggling with mental health and substance use issues. The agencies provide services for children, adolescents, adults, older adults, and families.

## PAYMENT FOR SERVICES

The charge for services at the ADAMH Board's primary agencies is contingent upon how much an individual or family can afford to pay, based on the family income. Payment arrangements are established with the contract agency when services begin. The Medina County ADAMH Board utilizes public funds to share in the cost of services when clients, who are Medina County residents, are unable to afford full payment. Payment is accepted from private insurance, Medicaid, Medicare and other sources first. The ADAMH Board is always the payer of last resort. Individuals are offered the opportunity to enroll in the Board's Sliding Fee for Service plan to ensure that all services offered locally are available to them. No one is turned away because of the inability to pay.

## **ADAMH FUNDED ORGANIZATIONS AND PROGRAMS**

Alternative Paths and OhioGuidestone were the largest ADAMH Board funded agencies in FY2019. Their mix of services provided Medina County residents with a choice of providers that offered local mental health and substance use disorder services as well as access to a full continuum of care through partnerships with neighboring counties. The Medina County ADAMH Board funds numerous other initiatives in Medina County, which range from early childhood services all the way through senior programming, to assure a comprehensive array of services for residents.

### **ALTERNATIVE PATHS, INC.**

***Medina Office: 246 Northland Drive, Medina, Ohio, 44256, (330) 725-9195***

***Lodi Office: 225 Elyria Street, Lodi, Ohio 44254***

***Wadsworth Office: 1 Park Center, Wadsworth, Ohio 44281***

**[www.alternativepaths.org](http://www.alternativepaths.org)**

Alternative Paths, Inc. is a not-for-profit provider of community-based behavioral health services. While their main campus is located in Medina, they have satellite offices in Lodi and Wadsworth. Alternative Paths is the County's agency for providing 24/7 crisis services to residents. This agency has traditionally specialized in treatment for adults and youth experiencing severe and persistent mental illnesses such as schizophrenia, bipolar disorder, major depression, and other psychotic and personality disorders. However, in FY2017, Alternative Paths began to expand their array of services in numerous arenas. They began to incorporate a full range of services for substance use disorders, including individual and group counseling, and a Medication-Assisted Treatment program. They also expanded to provide Intensive Home-Based Therapy for youth as well as Child Psychiatry services, and became the gatekeeper for inpatient treatment for high-risk youth involved with multiple agencies through the ICAT program. Their Intensive Home-Based Program is working towards being a specialized, fidelity-based model. In FY2019, Alternative Paths has continued to grow and successfully build these new services to capacity, as well as implement additional programming. A Mental Health Day Treatment Program was started, a Caring Contact collaboration with the Medina Health Department was initiated to help integrate behavioral health and physical health services, and the 24-hour Crisis Line was expanded and rebranded as the 24/7 Crisis and Behavioral Health Helpline. In FY2019, Alternative Paths served 10,556 unique, unduplicated clients, as well as an additional 4,436 individuals who either attended trainings or events through prevention services. Looking ahead to FY2020, Alternative Paths is working to provide services in a trauma-informed environment and they are consulting with professionals as they prepare. Alternative Paths is comprised of a multi-disciplinary team consisting of psychologists, psychiatrists, nurses, counselors, social workers, and community supportive psychiatric treatment professionals who work collaboratively to develop a plan of care appropriate to the needs of each client they serve. Fees for services are based on an individual's financial resources. A sliding fee scale incorporating family size and income is applied for residents of Medina County. No one is denied services provided by Alternative Paths because of inability to pay. Alternative Paths accepts private insurance, Medicare, and Medicaid.

Services provided include:

<b>Alternative Paths, Inc. <u>Mental Health</u> Services - Child, Adolescent and Adult</b>	
24/7 Crisis & Behavioral Health Helpline with 24/7 Crisis Intervention Services	
Diagnostic Assessment and Individual Counseling	
Psychiatric Assessment and Pharmacologic Management by an MD or Advanced Nurse Practitioner	
Indigent Medication Assistance Services	
Same Day Assessment Clinician	
Medication Management and Education	
Community Psychiatric Supportive Individual, Group, and Home Health Treatment Services	
Adult Forensic (jail) Counseling, Case Management, Re-Entry, Peer Support, and Education Services	
Adult Drug Court Specialized Docket Member	
Adult Mental Health Court Specialized Docket Member	
Juvenile Forensic (Detention Center) Counseling, Case Management, Re-Entry, and Education Services	
Juvenile Drug Court Specialized Docket Treatment Services	
Psychiatric Hospitalization and Community Re-Engagement Case Management Services	
Housing Support Program	
Suicide Prevention Coalition	
Mental Health Day Treatment Program	
Intensive Home-Based Therapy for Severely Emotionally Disabled (SED) youth	
Mental Health Residential/Stabilization Placement	
Transitional Aged Youth Specialist which is combined Intensive Home-Based Therapy and Community Psychiatric Supportive Treatment for young adults	
Mental Health Residential Supportive Services	
Mental Health Resident Placement and Management for more than 30 ADAMH owned housing units	
Vocational Support Services	
Adult Group Home Placement and Management	
Adolescent Counseling and Case Management Services	
School-Based Mental Health Counseling	
Services in development include expanded Mental Health Peer Support Services	

<b>Alternative Paths, Inc. <u>Alcohol and Drug Treatment</u> Services - Adolescent and Adult</b>	
Diagnostic Assessment	Individual Counseling
Intensive Outpatient Group Counseling	Crisis Intervention
Substance Use Disorder Peer Support	Community Case Management
Vocational Support Services	Medina County Opiate Response Team
Diversion Program	Medication Assisted Treatment
Referral for Detoxification Services	Referral for Residential Treatment
Pre-Trial Diversion Program for first time offenders	Gambling Assessment, Prevention and Treatment
72 Hour OVI/DUI Driver Intervention Program	Forensic Monitoring

<b>Alternative Paths <u>Other</u> Community Services</b>	
Prevention Services including: Community Education, Community Based Process for Development of Community Resources, Alternatives, Information Dissemination, and School-Based Intervention.	
Medina County Suicide Prevention Coalition	Annual Crisis Intervention Training (CIT) for Medina County Law Enforcement
Violence Prevention Program	Theft Counseling
Community Education/Outreach	Community Engagement
Internship Program with Local Universities	Trauma Informed Care Committee
Satellite Office: 1 Park Center, Wadsworth, Ohio	Satellite Office: 225 Elyria Street, Lodi, Ohio

### **OHIOGUIDESTONE**

**246 Northland Drive, Medina, Ohio, 44256, (440) 260-8300**

**[www.ohioguidestone.org](http://www.ohioguidestone.org)**

OhioGuidestone is a full service, not-for-profit, comprehensive, community-based outpatient behavioral healthcare organization that was a new contract agency for the ADAMH Board in FY2018. Fiscal Year 2019 was a continued year of growth and implementation for OhioGuidestone who has become an outstanding partner in Medina County. OhioGuidestone provides mental health and substance use disorder services for children, adolescents, and adults of all ages. The professional staff at OhioGuidestone are comprised of psychologists, psychiatrists, social workers, counselors, peer supporters, prevention staff and community supportive psychiatric treatment professionals who are there to help those seeking assistance in dealing with individual or familial concerns related to mental health, psychiatric, relational or substance use problems. OhioGuidestone has worked hard to implement necessary services and meet the behavioral health concerns of individuals, families and communities in Medina County. In FY2019, they served 558 individuals with mental health and substance use needs. Towards the end of FY2018, OhioGuidestone began to implement a Peer Support Network of services, and this service has continued to build throughout FY2019. A Peer Support Network and Hub has been developed in Medina County, and almost 100 individuals received peer support services in FY2019. OhioGuidestone implemented a Medication Assisted Treatment (MAT) walk-in clinic and added a third Intensive Outpatient group to its service array. Services on the horizon for FY2020 include a 12 bed Women's Recovery House that OhioGuidestone will oversee and provide clinical services for. OhioGuidestone services are offered in an office setting, the community, or in a client's home thereby reaching people in outlying communities. OhioGuidestone services are offered to Medina County residents on a sliding fee scale, according to a person's ability to pay. No one is denied services provided by OhioGuidestone because of inability to pay. OhioGuidestone accepts private insurance, Medicaid, as well as Medicare.

Services provided include:

<b>OhioGuidestone <u>Mental Health</u> Services - Child, Adolescent and Adult</b>	
Diagnostic Assessment offered in the home, in the community, or an office setting	
Individual, Family and Couples Counseling offered in the home, in the community, or an office setting	
Urgent Services to current Clients	
Psychiatric Assessment and Pharmacologic Management by an MD or Advanced Nurse Practitioner - Saturday Hours Available	
Medication Management and Education	
Community Psychiatric Supportive Treatment Services	
School-Based Mental Health Counseling	
In-Home Parent Skills Coaching Program	
Services in development include expanded Mental Health Peer Support Services	

<b>OhioGuidestone <u>Alcohol and Drug Treatment</u> Services - Adolescent and Adult</b>	
Diagnostic Assessment offered in the home, in the community, or an office setting	
Individual, Family and Couples Counseling offered in the home, in the community, or an office setting	
Coming soon- Women's Recovery Housing Facility Management and Case Management Services	
Urgent Services to current Clients	Men, Women or Coed Intensive Outpatient Treatment groups
Peer Support and Recovery services	Community Case Management
Medication Assisted Treatment – Saturday Hours Available	Recidivism Prevention Specialist services
Medication Assisted Treatment Walk-in Clinic	Referral for Residential Treatment
Referral for Detoxification	Gambling Assessment, Prevention and Treatment

<b>OhioGuidestone <u>Other</u> Community Services</b>	
Prevention Services including: Community Education, Community Based Process for Development of Community Resources, Alternatives, Information Dissemination, School-Based Intervention.	
Community Outreach/Education	Community Engagement
Internship Program with Local Universities	Accepting Interns for Clinical Positions
Trauma Informed Care Committee	Services in development include expanded Mental Health Peer Support Services

## **OTHER MEDINA COUNTY ADAMH BOARD FUNDED SERVICES AND PROGRAMS**

The Medina County ADAMH Board purchases a wide and diverse array of services to ensure that the behavioral health needs of Medina County residents are met. Additional ADAMH Board investments are as follows:

<b>Catholic Charities</b>
Partners with the ADAMH Board to provide Senior Case Management Services to adults age 60 and over, as well as Mental Health and Substance Use Disorder counseling.

<b>Grants and Opiate Initiatives</b>	
Addiction Treatment Program (ATP) Grant	<ul style="list-style-type: none"> <li>Provides funding for treatment and ancillary services for Specialized Docket Drug Court participants engaged with Medina Common Pleas Court.</li> </ul>
Criminal Justice and Behavioral Health (CJBH) Linkage Grant	<ul style="list-style-type: none"> <li>Provides funding to Alternative Paths and the Sheriff's Department for community linkage services for individuals incarcerated at the Medina County Jail and Juvenile Detention Center.</li> <li>Assists with linking individuals to follow up treatment, medication and psychiatric services to prevent recidivism.</li> </ul>
Mental Health Prison Re-entry	<ul style="list-style-type: none"> <li>Provides funding to Alternative Paths to provide community linkage for offenders with severe mental health illness being released from prison.</li> </ul>
Medication Assisted Treatment-Prescription Drug and Opioid Addiction (MAT-PDOA) Grant	<ul style="list-style-type: none"> <li>Funding provided to Alternative Paths to expand or enhance access to Medication-Assisted Treatment services through an Opiate Response Team (ORT) for persons with an Opioid Use Disorder.</li> </ul>
Jail Psychotropic Medication Assistance	<ul style="list-style-type: none"> <li>Funding to assist with the cost of psychotropic drugs dispensed in the Medina County Jail</li> </ul>
Medina County Health Department	<ul style="list-style-type: none"> <li>Narcan Kits available to the public through the Health Department's Project DAWN Clinic.</li> <li>Provided Naloxone administration trainings throughout Medina County.</li> </ul>
Medina County Opiate Task Force	<ul style="list-style-type: none"> <li>Co-Created and Co-Chaired an Opiate Task Force in partnership with the Medina County Health Department.</li> </ul>
<b>Youth and School Initiatives</b>	
Child Guidance & Family Solutions	<ul style="list-style-type: none"> <li>Contract to provide Early Childhood Mental Health services to Medina County preschools through the Whole Child Matters funding.</li> </ul>
Inter-Agency Collaborative Assessment Team (ICAT)	<ul style="list-style-type: none"> <li>Assistance with services for youth with severe and persistent mental health issues who have been unsuccessful in traditional forms of local treatment.</li> </ul>
Medina County Juvenile Drug Court Program	<ul style="list-style-type: none"> <li>Funding through Alternative Paths to support the substance use and mental health treatment of teens involved with Medina Juvenile Court.</li> </ul>
Medina County Police Activities League (MCPAL)	<ul style="list-style-type: none"> <li>Furnished program funding to provide behavioral health resources to at-risk youth.</li> </ul>
Prevention Services	<ul style="list-style-type: none"> <li>Funding through contracted agencies to provide school and community-wide prevention services.</li> </ul>
Share Cluster	<ul style="list-style-type: none"> <li>Leadership events, youth Extreme Challenge, Tobacco Education, Red Ribbon Week, and Community Workshops.</li> </ul>
Student Drug Testing Kits	<ul style="list-style-type: none"> <li>Medina City Schools and Wadsworth City Schools.</li> </ul>

Mental Health First Aid	<ul style="list-style-type: none"> <li>• Collaborated with Akron University to bring this program to every school district to train teacher and staff how to identify signs of depression and suicidality.</li> </ul>
Hope Squad	<ul style="list-style-type: none"> <li>• Funding to Medina City Schools to pilot this program.</li> <li>• Peer run</li> </ul>
<b>Community</b>	
Community Assessment & Treatment Services (CATS)	<ul style="list-style-type: none"> <li>• ADAMH Board provided funding toward fourth quarter expenses for CATS' residential treatment center.</li> </ul>
Jail Clinical Services	<ul style="list-style-type: none"> <li>• Funding to Alternative Paths to provide clinical services within the County Jail.</li> </ul>
Medina County Common Pleas Mental Health Court	<ul style="list-style-type: none"> <li>• Funding to Alternative Paths for Forensic Monitoring and Case Management services for Specialized Docket Mental Health Court participants engaged with Medina Common Pleas Court.</li> </ul>
National Alliance on Mental Illness (NAMI)	<ul style="list-style-type: none"> <li>• Funding provided to Alternative Paths to participate in education, support and advocacy for those living with mental illness and their families.</li> </ul>
Family First Council	<ul style="list-style-type: none"> <li>• Contribute to the operation of Family First Council.</li> </ul>
State Addiction Conference	<ul style="list-style-type: none"> <li>• Funding registrations for local providers and individuals in recovery.</li> </ul>
Hope Recovery Community (HRC)	<ul style="list-style-type: none"> <li>• Financial support for the development and operations of HRC to provide multiple pathways to recovery.</li> </ul>
Suicide Prevention Coalition	<ul style="list-style-type: none"> <li>• Provided funding and sponsored their annual suicide prevention awareness walk.</li> </ul>
<b>Seniors</b>	
HANDS Foundation and Office for Older Adults	<ul style="list-style-type: none"> <li>• Funding for Senior Prevention Services in Brunswick, Medina, Wadsworth, and Lodi.</li> </ul>
Catholic Charities Community Services - Medina County	<ul style="list-style-type: none"> <li>• Home-Based Case Management for senior.</li> </ul>
<b>Housing</b>	
Highland House	<ul style="list-style-type: none"> <li>• Purchased and renovated this house in combination with OhioMHAS capital grant funding.</li> <li>• The Highland House is the home of Hope Recovery Community (HRC) which provides peer support and recovery support services.</li> <li>• The Highland House is a hub for a network of Medina County Peer Support Services.</li> </ul>
Northland Drive Women's Recovery House	<ul style="list-style-type: none"> <li>• In FY2019, construction began on a 12 bed Women's Recovery House.</li> </ul>
Cathy's House	<ul style="list-style-type: none"> <li>• Support for the operations of this Sober Living Facility.</li> </ul>

Manhattan and Jefferson Apartments	<ul style="list-style-type: none"> <li>• Permanent Supportive Housing units purchased by the Medina County ADAMH Board with programming through Alternative Paths.</li> </ul>
Medina Metropolitan Housing Authority (MMHA)	<ul style="list-style-type: none"> <li>• Contract with MMHA to manage properties for those with severe and persistent mental health issues, and to provide HUD/Housing consultation services.</li> <li>• Provided funding for a Homeless Case Manager.</li> </ul>
Northland Place I and II	<ul style="list-style-type: none"> <li>• Permanent Supportive Housing units owned and operated by the Medina ADAMH Board with programming through Alternative Paths.</li> </ul>
Washington Apartments	<ul style="list-style-type: none"> <li>• Permanent Supportive Housing units owned and operated by the Medina ADAMH Board with programming through Alternative Paths.</li> </ul>

### **FISCAL YEAR 2019 ADAMH BOARD MEMBERS**

**Tom Miller**, Chairperson  
**Melanie Kasten-Krause**, Vice Chairperson, Planning Chair  
**Kent W. Patterson**, Secretary/Treasurer, Finance Chair

**Dennis Hanwell**  
**Dennis Langdon**  
**William Laux**  
**Susan L. Myers**  
**Cheryl A. Parzych**  
**Melissa A. Pearce**  
**Steven P. Robertson, MD**  
**Stuart Root**  
**Melinda Rucinski**  
**Lori R. Solaro, MD**  
**Sharon Tahajod**

### **FISCAL YEAR 2019 STAFF**

**Phillip Titterington**, Executive Director  
**Amy Akermann**, Finance Director  
**Dennis Dunn**, IT Director  
**Barbara Moxey**, Administrative Office Manager  
**Tiffany Shelton**, Planning & Program Director

## ADAMH BOARD SERVICE EXPENDITURES FOR FISCAL YEAR 2019

Alternative Paths, Inc.			
Alcohol & Drug Services	\$	550,386	
Mental Health Services	\$	1,443,817	
Housing Services	\$	249,024	\$ 2,243,227
Catholic Charities Community Services	\$		48,673
Cathy's House	\$		78,999
Family First Council	\$		6,750
Medina Metropolitan Housing Authority	\$		354,737
OhioGuidestone			
Alcohol & Drug Services	\$	257,578	
Mental Health Services	\$	48,668	\$ 306,246
Miscellaneous Alcohol & Drug Providers / Consultants	\$		263,313
Miscellaneous Mental Health Providers / Consultants	\$		193,651
ADAMH Board / IT Operating Budgets	\$		631,830

## ADAMH BOARD REVENUES FOR FISCAL YEAR 2019

HUD	\$	196,583
Medina County Commissioners	\$	192,289
Medina County Drug Abuse Commission	\$	60,750
Ohio Department Mental Health & Addiction Services	\$	3,663,249
Other Miscellaneous Income	\$	79,258
Rental Income	\$	211,356
Total	\$	4,403,485

<b>For more information, please contact: Medina County ADAMH Board</b>	<b>246 Northland Drive Medina, OH 44256 (330) 723-9642</b> Office Hours: 8:00 am - 4:30 pm Monday – Friday	<a href="mailto:office@adamhmedina.org">office@adamhmedina.org</a>  <a href="http://www.medinamentalhealth.com">www.medinamentalhealth.com</a>
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